



# 2024 Spring Skating Programs

Monday April 29 to Wednesday June 19, 2024



## ***Learn to Skate- An Achieved Excellence Program!***

**CANSKATE** is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development. Exciting new features include a fresh new look, new awards, great tools for coaches and most importantly a tested and proven new curriculum and delivery methods that develop stronger basic skills and develop them faster. This program also includes specific skills that pertain to hockey, ringette, speed skating and figure skating. Fee Includes ice time and lessons for the duration of the session. As a skate Ontario CanSkate Excellence recognized program, our program is known for implementing best practices in our learn to skate program. ***Beginners, Advanced level, Teens and Adults are Welcome!***

Groups	Day	Time	Dates	Fees	Register
Ages 3-5	Monday	6:15-7:05pm	April 29 – June 17	\$171.50	LINK
Ages 5-12	Monday	6:00-6:50pm	April 29 – June 17	\$171.50	LINK
	Tuesday	5:00-5:50pm	April 30 – June 18	\$196.00	LINK
	Wednesday	6:15-7:05pm	May 1 – June 19	\$196.00	LINK
	Thursday	6:00-6:50pm	May 2 – June 13	\$171.50	LINK
Teens / Adult	Monday	8:00-8:50pm	April 29 – June 17	\$171.50	LINK
	Tuesday	5:00-5:50pm	April 30 – June 18	\$196.00	LINK
	Wednesday	7:05-7:55pm	May 1 – June 19	\$196.00	LINK

No skating Victoria Day, Monday May 20 | STARSkate Test Day Thursday June 20 | Non-Members – Add non-refundable \$25 annual club membership fee and \$58.70 Skate Canada membership/insurance fee. | Skate Canada fee valid from September 1, 2023 to August 31, 2024 | Program Fees are prorated, Join us anytime.

## ***RisingSTAR – All-Inclusive (Instruction, Ice Time, Off Ice classes Included in Fee)***

RISINGSTAR Skaters participate in a group-based skating session, learning more advanced figure skating specific skills. RisingSTAR is a transitional program that continues developing the basic fundamentals taught in CanSkate and introduces exercises designed to improve edge control, glide, agility, and precision over the blade as the skater progresses into STARSkate. **Lessons and Off-ice Sessions are included in the fee.**

Session	Day	Time	Dates	Fees	Register
RisingSTAR	Monday	5:00-5:50pm	April 29 – June 17	\$178.50	LINK
	Teen/Adult Monday	8:00-8:50pm	April 29 – June 17	\$171.50	LINK
	Wednesday	6:00-6:50pm	May 1 – June 19	\$204.00	LINK
	Thursday	5:00-5:50pm	May 2 – June 13	\$178.50	LINK

## ***STAR - Private Lessons and All-Inclusive Options***

STAR skaters of all ages develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and artistic skating. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system. **Private Lesson Sessions are for Skaters working on STAR 1 level disciplines, approved by the Program Director or Head Coach and who wish to have private lessons. These lessons must be booked with a coach directly and are paid separately to that coach. Email [office@wtsc.ca](mailto:office@wtsc.ca) for guidance on coach selection. Tuesday and Saturday Fees are for ice time and off-ice classes only. All Inclusive Sessions are Monday and Thursday. These Fees are All Inclusive (Instruction, Ice Time and Off-Ice classes Included in Fee)**

Session	Day	Time	Dates	Fees	Register
STAR All Inclusive	Monday	5:00-5:50pm	April 29 – June 17	\$178.50	LINK
STAR Private Lesson	Tuesday	6:00-6:50pm	April 30 – June 18	\$164.00	LINK
STAR Private Lesson	Wednesday	5:00-5:50pm	May 1 – June 19	\$164.00	LINK
STAR All Inclusive	Thursday	5:00-5:50pm	May 2 – June 13	\$178.50	LINK

No skating Victoria Day, Monday May 20 | STARSkate Test Day Thursday June 20 | Non-Members – Add non-refundable \$25 annual club membership fee and \$58.70 Skate Canada membership/insurance fee. | Skate Canada fee valid from September 1, 2023 to August 31, 2024 | Program Fees are prorated, Join us anytime.

## ***SR STAR – Private Lessons and All-Inclusive Options***

SR STAR is for skaters who have completed a STAR 3 test and/or have been approved by the Program Director or Head Coach. Skaters work with a private coach to further develop in the areas of ice dance, skating skills, free skate and artistic skating. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system.

**Private Lesson Sessions are for Skaters who wish to have private lessons. These lessons must be booked with a coach directly and are paid separately to that coach. Email [office@wtsc.ca](mailto:office@wtsc.ca) for guidance on coach selection. Monday, Tuesday, Wednesday, Thursday 7pm and Saturday 5:10pm Fees are for ice time and off-ice classes only.**

**All Inclusive Sessions are on Thursday. These Fees are All Inclusive (Instruction, Ice Time and Off-Ice classes Included in Fee)**

<b>Session</b>	<b>Day</b>	<b>Time</b>	<b>Dates</b>	<b>Fees</b>	<b>Register</b>
SR STAR Private	Monday	7:00-7:50pm	April 29 – June 17	\$143.50	LINK
Lesson Sessions	Tuesday	7:00-7:50pm	April 30 – June 18	\$164.00	LINK
	Wednesday	5:00-5:50pm	May 1 – June 19	\$164.00	LINK
	Thursday	7:00-7:50pm	May 2 - June 13	\$143.50	LINK
SR STAR All-Inclusive Session	Thursday	5:00-5:50pm	May 2 - June 13	\$178.50	LINK

No skating Victoria Day, Monday May 20 | Test Day Thursday June 20 | Non-Members – Add non-refundable \$25 annual club membership fee and \$58.70 Skate Canada membership/insurance fee. | Skate Canada fee valid from September 1, 2023 to August 31, 2024 | Program Fees are prorated, Join us anytime

## WAIVER:

WTSC is NOT responsible for any injury, loss, theft, or damage under any circumstances. The participant, parent and/or legal guardian of the participant, including spectators and volunteers and any person claiming any of them (collectively referred to as "participant" in this paragraph), releases the West Toronto Skating Club and its staff, contracted coaches, volunteers and its members of the board of directors of any suit, action, cause of action or claim of any nature for any damage, loss or injury that any person may suffer upon, on the way to or from, to, or in any way related to, the participation of the participant in programming of the West Toronto Skating Club. The participant assumes all health, physical and legal risks associated with the participation in West Toronto Skating Club activities; acknowledges that the participant releases the West Toronto Skating Club and its staff, the contracted coaches, volunteers and its members of the board of directors from any liability for anything directly or indirectly related to or resulting from the participation in skating activities, and undertakes to indemnify the West Toronto Skating Club and its staff, the contracted coaches, volunteers and its members of the board of directors, and to save them any claims made by third parties resulting from or in any way related to the West Toronto Skating Club Activities.

## RULES AND REGULATIONS:

### [WTSC CODE OF CONDUCT POLICY AND PROCEDURES](#)

#### REGISTRATION AND REFUNDS:

- **All fees are non-refundable.** Registration priority will be reserved for WTSC members.
- All skaters must be registered and paid in full prior to their first day of the session with WTSC and Skate Canada. Memberships are non-transferable between skaters and/or sessions. Requests for credits will be considered due to medical reasons, and must be made in writing to the Board of Directors.
- **Gift Certificates and credits have an expiry date of 2 years from date of issue.**

#### FEES:

Non-Members – Add non-refundable \$25 annual club membership fee and \$58.70 Skate Canada membership/insurance fee. The Skate Canada membership/insurance fee applies to member club sessions from September 1, 2023 to August 31, 2024.

#### DISCOUNTS:

- Family Discount: The first two highest-cost skaters are to be paid in full and then a 25% discount will be applied for each sibling skater thereafter.
- Multi-Day Discount: Skaters (especially those in RisingSTAR or STARSkate) are strongly encouraged to skate at least 2 days per week. If skating 2 days, 10% off each session, 3 days is 25% off each session, 4 days or more is 35% off each session.

#### GUEST FEES & GUEST SKATING:

Guest skaters must receive approval from the Program Director, Head Coach or Club manager and be registered prior to the start of the session. Email [office@wtsc.ca](mailto:office@wtsc.ca) for any guest skating request.

Guest Fees are as follows:

Learn to Skate \$27.00 per session  
RisingSTAR/STAR \$28.00 per session  
SR STAR \$25.50 per session  
OPEN \$25.50 per session

#### CLASSIFICATION OF SKATERS:

- Ice time for each skating activity is allocated according to the ice schedule and the stated classifications of skaters. Skaters may use the ice surface only in accordance with the ice schedules, appropriate sessions, and their paid membership periods.

#### APPAREL:

- Learn to Skate- **CSA APPROVED HOCKEY HELMETS ARE MANDATORY FOR ALL SKATERS** up to and including CanSkate Stage 5. We recommend that CanSkate members dress warmly, in layers, with a waterproof jacket and waterproof pants and mittens. Snowsuits are not recommended, as they restrict movement. Long coats, scarves and dangling earrings are not permitted.
- STARSkate - Suitable skating attire (pants, skirts, dresses, one-piece unitards, leggings, etc.). Long hair should be tied back. Jeans should not be worn on the ice.

- Off-Ice - Please bring your own water bottle and make sure you are in proper athletic gear. Bring a sweater or thin jacket on cooler days. Skates, skate bags, coats, sweaters and other items must not be stored in the club office.

#### SAFETY ON AND OFF THE ICE:

- Whenever on the ice surface, skaters must remain aware of and show due regard for the safety of all other persons on the ice. Any skater misbehaving (racing, tag, rough house) or deliberately interfering with the flow of the session will be removed for the duration of the session. Food and/or beverages must not be taken onto the ice surface, with the exception of water.

- Parents/Guardians/Spectators - **Parents of skaters 12 and under must be easily accessible during Winter skating sessions. Please ensure your phone contact info has been updated in your online account.**

- The club's goal is to create a safe, caring environment. Any act or conduct to the detriment of the good of all or contrary to the established standards outlined above and with respect to behaviour and sportsmanship within the Club is not permitted. This includes, but is not limited to, bullying, verbal abuse, intimidation, swearing, insults, sarcasm or harassment.

Any complaint about the conduct or behaviour of members or concerning the management of the Club shall be made in writing to the Board of Directors and must be signed by the member issuing the complaint.

Any complaint about the coaching staff of the club shall be made in writing to the Program Director and the President.

Procedures for inappropriate behaviour may include:

- Verbal warning from Program Director / Head Coach / Club Manager / Supervisor on Session
- Written warning from Board of Directors
- Short term suspension or expulsion from the club, to be determined by Board of Directors

#### SESSION ETIQUETTE:

- All skaters and coaches MUST leave the ice surface immediately upon the announcement for the commencement of the floods.

**Courtesy:** Courtesy is first and foremost. It is essential to respect the rights of other skaters and be aware of who is around you at all times. Right of Way: First priority is given to skaters who are skating to their solo or dance music. Second priority is given to skaters in a group lesson. Give these skaters the right of way at all times. Skaters with the right of way must also remember to keep an alert eye open to avoid collisions and may respectfully remind others of right of way (e.g. "excuse me").

- Spins should be performed at the centre of the ice surface, and jumps should be at the ends and in the corners. Do not spend most of your time in the corners. Skaters who are practicing the Lutz may not see you as they enter their jump.

- If you fall down, get up as quickly as possible. If someone falls and does not get up on their own, do not move them. Get a coach to assess the injured skater. In the meantime, have someone stand "guard" over them to make sure other skaters avoid collisions with them. When you are practicing elements like camel spins and back spirals be especially aware of the danger your exposed blade poses to other skaters.

- Take a good look at your expected "space" before you start the element, and do not proceed with the element if it looks like you could cause a problem for yourself or other skaters on the ice..

- Don't stand around on the ice to "chitchat". You interfere with and/or present a hazard to other skaters, and you are wasting your practice time. Skaters are expected to be skating at all times while on the ice. Wearing earbuds/headphones is not permitted while on the ice.

#### LESSONS:

- The Program Director / Head Coach / Club manager reserves the right to rearrange group lessons according to level, age and numbers of skaters. All skaters and coaches give the right of way to group lessons.

#### USE OF PHOTOGRAPHY OR VIDEO:

- Members grant WTSC permission to copyright, publish and/or use photographic portraits, pictures, or videos of them in which they are included in whole or part, for advertising, trade, web and multimedia or any other lawful purpose. Members waive the right to approve the finished products, for advertising, new media or printed, that might be used in connection with their images.
- Members may choose to 'opt out' of our Media policy during online registration.

SEASON CALENDAR: No skating Victoria Day, Monday May 20, STARSkate Test Day Thursday June 20 5-8pm





# 2024 Spring Skating Programs

Monday April 29 to Wednesday June 19, 2024

Monday	Tuesday	Wednesday	Thursday
<b>April 29</b> May 6, 13, 27 June 3, 10, 17	<b>April 30</b> May 7, 14, 21, 28 June 4, 11, 18	<b>May 1, 8, 15, 22, 29</b> June 5, 12, 19	<b>May 2, 9, 16, 23, 30</b> June 6, 13
Main Rink	Main Rink	Main Rink	Main Rink
5:00-5:50 RisingSTAR/STAR All Inclusive	5:00-5:50 Learn to Skate <u>Ages 5-12, Teen/Adults</u>	5:00-5:50 STAR/SR STAR Private Lessons	5:00-5:50 RisingSTAR/STAR/SR STAR All Inclusive
5:50-6:00 Break	5:50-6:00 Flood	5:50-6:00 Flood	5:50-6:00 Break
6:00-6:50 Learn to Skate <u>Ages 5-12</u>	6:00-6:50 STAR Private Lessons	6:00-6:50 RisingSTAR All Inclusive	6:00-6:50 Learn to Skate <u>Ages 5-12</u>
6:50-7:00 Flood	6:50-7:00 Flood		6:50-7:00 Flood
7:00-7:50 SR STAR Private Lessons	7:00-7:50 SRSTAR Private Lessons		7:00-7:50 SRSTAR Private Lessons
7:50-8:00 Flood			
8:00-8:50 Teens/Adults Learn to Skate / RisingSTAR			
Small Rink		Small Rink	
6:15-7:05 Learn to Skate <u>Ages 3 to 5 + Teens/Adults</u>		6:15-7:05 Learn to Skate <u>Ages 5-12</u>	
		7:05-7:55 Learn to Skate Teens/Adults	

No Skating Monday May 20 - Victoria Day | STARSkate Test Day Thursday June 20