

PROGRAMS

Pre-CanSkate CSA Hockey Helmet mandatory

All skaters not passed Stage 1. Must be able to stand on ice and participate in group lesson at discretion of coach. Pre-CanSkate introduces children to the basic fundamentals of skating in a fun-filled atmosphere with Skate Canada Coaches and trained Program Assistants. Min. age 4.

CanSkate CSA Hockey Helmet mandatory

Skaters passed Stage 1. CanSkate advances the child's basic skating skills in accordance with Skate Canada's CanSkate Program. Skaters learn edge control, crosscuts and turns, with emphasis on balance and agility...all the basic skills needed for figure skating, ringette and/or hockey. Each session consists of a warm-up/stroking session, group lessons and private lessons are available. Min. age 4

Adult/Teen CanSkate CSA Hockey Helmet mandatory

Adult/Teen CanSkate follows Skate Canada's program. Knee pads and wrist guards are encouraged. All stages; ages 14+

Advanced CanSkate

Passed Stage 4 - Includes 45 minutes of group lesson. 15 minutes of free time available for optional private coaching (not available in summer). Please contact coach directly for private/semi-private lessons. Helmets mandatory for skaters not passed Stage 5.

STARSkate A

Passed Stage 6 - Includes group lessons. It is mandatory that these group lessons be supplemented by a minimum of one private lesson per week. Coach bios are available on our website. Please speak directly to the coach of your choice for further details.

STARSkate B

Passed all STAR 3 tests. Includes group lessons except Mondays. Maximum of 20 skaters on each session. Skaters must retain the services of a club coach.

STARSkate C

Passed STAR 5 Freeskate Parts 1&2 AND SR Bronze Dances or SR Bronze Skills. - Includes group lessons except Mondays. Maximum of 20 skaters on each session. Skaters must retain the services of a club coach.

PowerSkate CSA Hockey Helmet mandatory

Must be able to skate forwards, backwards (thrust and glide full length of rink) and stop or Stage 4 of the CanSkate program. Instructor will focus on power skating skills including-crossovers, acceleration, agility, edge control, stopping, power turns, efficient stride forwards and backwards. Full equipment and stick required.

COACHES

Allison Proudfoot	Kalina Doruch
Amanda Tully	Kelly Ebers
Anna Tsarouchas	Lauren Gosnell
Ashley Canini	Liliane Nguyen
Barbara Basar	Marsha Engel
Chris Hockaday	Natalie Bogdan
Chunhui Lu	Nora Hollands
Cristina Italia	Pam Baleva
Eric Ritter	Shirley Prokopiszyn
Jessica Cunha	Signe Barlow
Kaitlyn Campbell-Merriam	Zivana Bijelic

Coaches' biographies and certifications are available on our website.

CLUB POLICIES

- All skaters must be registered and paid in full prior to the first day of the session with the West Toronto Skating Club and Skate Canada.
- Memberships are non-transferable between skaters and/or sessions. Registration fees are non-refundable without exceptions. Once session has started, the number of days you have committed to cannot be reduced.
- **Requests for credits will be considered due to medical reasons only and must be made in writing to the Board of Directors. No refunds.**
- Parents of children under 12 must stay in the arena.
- The West Toronto Skating Club is **NOT** responsible for any injury, loss or damage, however caused.
- All skaters must abide by the WTSC Rules and Regulations received at the time of registration online and posted on the website. In addition, STARSkaters must also abide by the Skaters' Etiquette.
- The WTSC reserves the right to cancel sessions, limit the number of skaters per session and to change the session levels to benefit the club.
- A \$25.00 fee will be applied for any cheques returned, withdrawals prior to program start date and to change sessions after the program has begun.



SKATECANADA



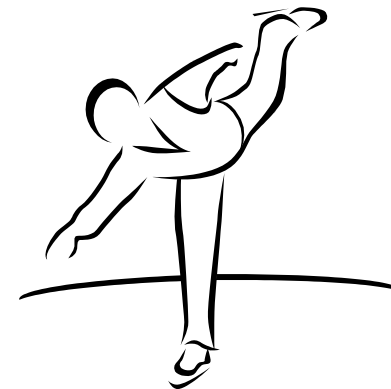
West Toronto Skating Club

Spring/Summer 2018

Skating Season

April 30 - August 23

Closed Victoria Day



McCormick Arena
179 Brock Avenue
Toronto, Ontario, M6K 2L7
416-588-1158
wtsc@wtsc.ca
www.wtsc.ca

CANSKATE/POWERSKATE

PRE-CANSKATE

All skaters not passed Stage 1 (**minimum 4 years old on start date**). Must be able to stand on ice and participate in a group lesson at the discretion of the club.

CANSKATE

Passed Stage 1 (ability to stop and skate backwards)

ADULT/TEEN CANSKATE

All CanSkate levels beginner to advanced; ages 14+. + Adult/Teen not offered Mon/Wed 5:30pm

Spring Session		Time	Fees
Mon	Apr 30-Jun 18	5:30-6:15pm	\$125+
Mon	Apr 30-Jun 18	6:30-7:15pm	\$125
Wed	May 2-Jun 20	5:30-6:15pm	\$140 +
Wed	May 2-Jun 20	6:30-7:15pm	\$140
Summer Session		Time	Fees
Tues	Jul 3-Jul 24	6:30-7:15pm	\$75
Tues	Jul 31-Aug 21	6:30-7:15pm	\$75

ADVANCED CANSKATE

Passed Stage 4.

++Ask your coach about Tuesday's SSA session. Must register for Mon or Wed Adv. Canskate in order to also register for Tues.

Spring Session		Time	Fees
Mon	Apr 30-Jun 18	5:30-6:30pm	\$155
Mon	Apr 30-Jun 18	6:15-7:15pm	\$155
Tues	May 1-Jun 19	5:00-6:00	\$185 ++
Wed	May 2-Jun 20	5:30-6:30pm	\$175
Summer Session		Time	Fees
Tues	Jul 3-Jul 24	6:30-7:15pm	\$75
Tues	Jul 31-Aug 21	6:30-7:15pm	\$75

POWERSKATE-SPRING

Passed Stage 4 of the CanSkate program.

Spring Session		Time	Fees
Mon	May 1-Jun 19	7:15-8:00pm	\$175

CanSkate/Power Private Lessons-Spring Only

Ice time is available for private lessons with a WTSC coach for skaters registered on a CanSkate/PowerSkate session. Additional coach fees are payable to your coach.

Spring Session only (Ice Fee payable to WTSC)

Mon	Apr 30-Jun 18	6:15-6:30pm	\$30
Wed	May 2-Jun 20	6:15-6:30pm	\$30

STARSKATE-SPRING

STARSKATE A

	Time	Fees
Mon Apr 30-Jun 18	5:00-6:05pm	\$162
Tues May 1-Jun 19	5:00-6:00pm	\$185
Thurs May 3-Jun 21	5:00-6:00pm	\$185

STARSKATE B

	Time	Fees
Mon Apr 30-Jun 18	8:10-9:00pm	\$139
Tues May 1-Jun 19	6:10-7:10pm	\$185
Wed May 2-Jun 20	5:00-6:00pm	\$190++
Thurs May 3-Jun 21	6:10-7:10pm	\$185

STARSKATE C

	Time	Fees
Mon Apr 30-Jun 18	8:10-9:00pm	\$139
Tues May 1-Jun 19	6:40-8:00pm	\$198
Wed May 2-Jun 20	5:30-7:00pm	\$215++
Thurs May 3-Jun 21	6:40-8:00pm	\$198

Ask about our special pricing for Wed
STARSkate B/C double session 5-7pm

STARSKATE-SUMMER

STARSKATE A/B/C

	Time	Fees
Tues Jul 3-Aug 21	6:00-8:00pm	TBD
Thurs Jul 5-Aug 23	6:00-8:00pm	TBD

Additional STARSkate Info

STARSkate Test Days (tentative): Thurs Jun 21
Thurs Aug 23

Skaters must hold a minimum 1-day/week full spring/summer membership in order to test.

Discounts: All Programs

Spring Multi-Day Discount

2 days	10% off session fees
3+ days	15% off session fees

Summer STARSkate details available on our website

Spring Schedule

Monday		Tuesday	Wednesday		Thursday	
Big Ice	Small Ice	Big Ice	Big Ice	Small Ice		Big Ice
STARSkate A (30min grp) 5:00-6:05pm		Adv. CanSkate/ STARSkate A (30 min grp) 5:00-6:00pm	STARSkate B 5:00-6:00pm (30 min grp)	Flood		STARSkate A (30 min grp) 5:00-6:00pm
Flood 6:05-6:15pm		Flood 6:00-6:10	STARSkate C	Pre-CanSkate Canskate 5:30-6:15pm	Advanced CanSkate 5:30-6:30pm	Flood 6:00-6:10
Priv. Ice CanSkate	Advanced CanSkate 6:15-7:15pm	STARSkate B 6:10-7:10 (30 min grp)	5:30-7:00pm (15 min stroking/theatre)	Priv. Ice 6:15-6:30	PreCS/CanSkate Adult CanSkate 6:30-7:15pm	STARSkate B 6:10-7:10pm (30 min grp)
CanSkate Adult CanSkate 6:30-7:15pm	PreCanSkate 6:30-7:15pm	STARSkate C 6:40-8:00pm (15 min stroking/theatre)			Advanced CanSkate 6:15-7:15pm	STARSkate C 6:40-8:00pm (15 min stroking/theatre)
PowerSkate 7:15-8:00pm						
Flood 8:00-8:10						
STARSkate B/C 8:10-9:00pm						

