



West Toronto Skating Club

WTSC Return to Rink Guide

Return to the Rink Guidance

Before leaving to the rink:

Waivers and Forms

- Review and complete the Skate Ontario Waiver (Only needs to be filled out once per skater but **before stepping on the ice**) [Link Here](#)
- Review the Health Screening Questionnaire [Link Here](#)
- WTSC Coaches will also be asking the skater these questions before entering the arena.
- If, upon reviewing the health screening questionnaire, you answer 'Yes' to any of the questions
DO NOT go to the Rink.

Equipment

- Ensure you have all your skating equipment. (Face mask, skates, guards, gloves, hand sanitizer, water bottle,a bag for disposal)
- **CanPowerSkate** participants should arrive at the facility in full gear.
- Face masks should be tight fitting, secure and should not impede vision.
- Face masks must be worn while in the facility but not on the ice.
- **Do not plan on borrowing or sharing anything with other skaters.**
- Bring 1 (One) small bag to keep all your belongings in. You will use this bag to bring with you to place on the boards, in your designated spot.
- **Skaters must wear a mask in the facility and are encouraged but are not required to wear a mask during the session.**
- **Coaches are required to teach with a mask on at all times.**

Warming up:

- Consider warming up at home for 15-30 Minutes before travelling to the rink.

Arriving at the rink:

- Arrive 20 minutes prior to your scheduled session only.
- You must remember to stay 2m away from anyone else while outside of your home.
- Warming up in the parking lot is discouraged and dangerous.



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- You will be permitted to enter the facility 15 minutes before your scheduled ice time.
- A WTSC coach will meet you at the facility entrance to administer the health screen and to make sure everyone is accounted for.
- Parents can accompany skaters into the rink, provided they stay 2m apart at all times.

Entering the building

- Check in at the registration area.
- Arena staff will guide the group to the designated changing arena.
- Properly distanced seating is provided for you to lace up.
- Take all your belongings with you to the ice surface.
- Washroom facilities are available in emergency situations only.

On the ice:

Entering the ice surface

- Line up at the side boards ensuring a 2m gap between skaters.
- Remove your skate guards before stepping on the ice
- Select your own space at the boards. Place your water, disposal bag and bag of belongings in this spot.

Session

- Masks for skaters are encouraged but not mandatory while on the ice.
- Listen to the coach and follow their directions.
- **Be aware of your surroundings and make sure to keep a 2m space between skaters at all times.**
- Music will be the coaches responsibility. Do not approach the music area.
- The RisingSTAR/STAR/SRSTAR sessions will include combination of guided group and semi-private lessons.

After the session

- Skaters are to collect all belongings and line up at 2m intervals at the side of the boards before exiting the rink.
- Proceed directly to the designated area to remove your skates.
- The group will exit the building together.
- Skaters are expected to notify WTSC and the facility of any COVID-19 symptoms or diagnosis up to 14 days after the ice time.

September 6, 2020