



West Toronto Skating Club

Skate Ontario COVID-19 Protocols

Skate Ontario has created a set of protocols to deal with situations related to the COVID-19 pandemic that might occur. WTSC has adopted the following guidelines as developed by Skate Ontario. These protocols will be posted on the WTSC website as well as included in an e-mail to members before skating activities resume. WTSC will connect with each facility to ensure alignment between facility and club/skating school protocols.

Return to Play Guidelines

WTSC will follow Skate Ontario's Return to Play guidelines with respect to Club and Skating School Operations, Club and Skating School Programming including On Ice and Off-Ice activities.

These documents can be found on the WTSC website

<https://www.wtsc.ca/pages/programs/Covid19-Resources/>

Completion of Skate Ontario COVID-19 Waiver

All individuals participating in WTSC programming must complete the Skate Ontario Acknowledgment, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that the individual must not participate in WTSC activities.

Any individual participating in WTSC activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file with Skate Ontario:

- Skaters
- Coaches
- Staff
- Board Members
- Volunteers
- Officials

(please note: this will be kept on file with Skate Ontario)



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An individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in WTSC activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a non-medical face mask if one is available.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing
- The facility should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing

An individual is tested for COVID-19

- Any individual that is part of WTSC that has been tested for COVID-19 must not participate in WTSC activities while waiting for the results of the test
- WTSC will consult the Session Participation tracking sheets to inform other members who might have been in close contact with the individual
- Any WTSC members who were in close contact with the individual should not participate in WTSC activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals. Close contact is defined as being within 2m for a period lasting more than 15 minutes, without appropriate or consistent use of PPE (i.e. healthcare workers).

An individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to



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assist public health officials in informing other WTSC members who may have been in close contact with the individual

- Any WTSC members who were in close contact with the individual should not participate in WTSC activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- WTSC will inform current season participants of a positive COVID-19 result within the club setting.
- WTSC will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- WTSC will inform Skate Ontario of a positive COVID-19 diagnosis by emailing clubsupportservices@skateontario.org

Return to club/skating activities following illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to WTSC activities once they no longer have any symptoms of COVID-19 and in compliance with public health guidelines

Return to club/skating activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

Modification/restriction/postponing or canceling of club/skating school activities

- Based on the evolving COVID-19 pandemic, WTSC is prepared to follow public health, municipal/provincial government and sport recommendations regarding modifying/restricting/postponing or canceling activities
- WTSC members will be informed as soon as possible of any modifications/restrictions or cancelations
- WTSC will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government or sport officials.
- If a shutdown of the facility is required, affected participants will receive a refund. In all other cases, affected participants who are unable to continue with programming should apply to the



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Club for a credit to be used towards future programming. Such other cases include failure to pass daily health screen, precautionary stay at home order for self-monitoring or awaiting COVID-19 test results.

Public Health Guidelines

WTSC members should follow all public health guidelines regarding COVID-19. These may include:

- Any WTSC members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club/skating school activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in club/skating school activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in WTSC activities
- Any individual who has someone in their household showing symptoms of COVID-19, is not permitted to take part in WTSC Activities

Information:

Ontario Public Health Public Resources: <https://www.publichealthontario.ca/en/diseases-andconditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources>

The following resources are also available on the Ontario Public Health website.

Topic Tool Hand Hygiene <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-handhygiene.pdf?la=en>

Physical Distancing <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-guide-physicaldistancing.pdf?la=en>

How to self-monitor <https://www.publichealthontario.ca/-/media/documents/ncov/factsheetcovid-19-self-monitor.pdf?la=en>

When and How to Wear a Mask <https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-how-to-wearmask.pdf?la=en>



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How to Self-Isolate <https://www.publichealthontario.ca/-/media/documents/ncov/factsheetcovid-19-how-to-self-isolate.pdf?la=en>

Ministry of Health – Ontario: COVID-19 Reference Document for Symptoms:
http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf Ontario COVID-19

Online Self-assessment Tool <https://covid-19.ontario.ca/self-assessment/>

COVID-19 Oversight Group

- The following people will comprise this COVID-19 Oversight Group.

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