

WEST TORONTO SKATING CLUB 2022 Winter Skating

Monday January 3 to Saturday April 30

- Beginner Learn to Skate - Ages 3 to 5
- Beginner and Advanced Learn to Skate - Ages 5 to 12
- Teen and Adult Learn to Skate - Ages 13 and Up
- Power Skating - Ages 6 and Up
- Figure Skating - Ages 6 and Up



Learn to Skate- An Achieved Excellence Program!

CANSKATE is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development. Exciting new features include a fresh new look, new awards, great tools for coaches and most importantly a tested and proven new curriculum and delivery methods that develop stronger basic skills and develop them faster. This program also includes specific skills that pertain to hockey, ringette, speed skating and figure skating. Fee Includes ice time and lesson for the duration of the session. The Skate Ontario CanSkate Excellence Recognition Program is designed to reward Ontario Clubs/Skating Schools that are implementing best practices in the delivery of their CanSkate programs. **Beginners, Advanced level, Teens and Adults are Welcome!**

Groups	Day	Time	Dates	Fees
All Ages	Tuesday	5:00-5:50pm	January 4 – April 26, 2022	\$384.00
	Tuesday	6:00-6:50pm	January 4 – April 26, 2022	\$384.00
	Wednesday	6:00-6:45pm	January 5 – April 27, 2022	\$345.60
	Thursday	6:00-6:50pm	January 6 – April 28, 2022	\$384.00
Ages 3-5	Monday	6:00-6:45pm	January 3 – April 25, 2022	\$302.40
	Saturday	4:00-4:45pm	January 8 – April 30, 2022	\$345.60
Ages 5-12	Monday	6:00-6:50pm	January 3 – April 25, 2022	\$336.00
	Saturday	1:10-2:00pm	January 8 – April 30, 2022	\$384.00
	Saturday	2:10-3:00pm	January 8 – April 30, 2022	\$384.00
	Saturday	3:10-4:00pm	January 8 – April 30, 2022	\$384.00
Teens / Adults	Monday	6:00-6:45pm	January 3 – April 25, 2022	\$302.40
	Wednesday	8:00-8:50pm	January 5 – April 27, 2022	\$384.00
	Saturday	4:00-4:45pm	January 8 – April 30, 2022	\$345.60

The only club in Toronto with the Achieved Excellence Award ✓

Power Skating

CANPOWERSKATE is an action-packed, high energy instructional power skating program geared to hockey and ringette skaters that focuses on balance, power, agility, speed and endurance. Skills, techniques and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations.

Groups	Day	Time	Dates	Fees
Ages 12 and Up	Monday	8:00-8:50pm	January 3 – April 25, 2022	\$385.00
Ages 6 and Up	Wednesday	7:00-7:50pm	January 5 – April 27, 2022	\$440.00

No skating Feb. 21, March 14-19, April 18

Non-Members – Add non-refundable \$25 annual club membership fee and \$43.70 Skate Canada membership/insurance fee.

Skate Canada fee valid from September 1, 2021 to August 31, 2022



WEST TORONTO
SKATING CLUB

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RisingSTAR + STAR

RISINGSTAR / STAR Skaters participate in a group-based skating session, learning more advanced figure skating specific skating skills. *RisingSTAR* is a transitional program that continues developing the basic fundamentals taught in CanSkate and introduces exercises designed to improve edge control, glide, agility, and precision over the blade as the skater progresses into *STAR*Skate.

Lessons and Off-ice Sessions are included in the fee.

Groups	Day	Time	Dates	Fees
RisingSTAR +	Monday	5:00-5:50pm	January 3 – April 25, 2022	\$350.00
STAR	Wednesday	6:00-6:50pm	January 5 – April 27, 2022	\$400.00
	Saturday	4:10-5:00pm	January 8 – April 30, 2022	\$400.00

RisingSTAR + STAR + SR STAR

RisingSTAR, *STAR* and *SR STAR* skaters of all ages develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system. **Lessons and Off-ice Sessions are included in the fee.**

Groups	Day	Time	Dates	Fees
ALL LEVELS	Thursday	5:00-5:50pm	January 6 – April 28, 2022	\$400.00
RisingSTAR + STAR + SR STAR				

SR STAR

SR STAR is for skaters who have completed a *STAR 3* test and/or have been approved by the Program Director. Skaters work with a private coach to further develop in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system. **Skaters who wish to have private lessons must book with coach directly. Fee is for ice time and off-ice classes only.**

Groups	Day	Time	Dates	Fees
SR STAR	Monday	7:00-7:50pm	January 3 – April 25, 2022	\$280.00
	Tuesday	7:00-7:50pm	January 4 – April 26, 2022	\$320.00
	Wednesday	5:00-5:50pm	January 5 – April 27, 2022	\$320.00
	Thursday	7:00-7:50pm	January 6 – April 28, 2022	\$320.00
	Saturday	5:10-6:00pm	January 8 – April 30, 2022	\$320.00

OPEN

Supplemental ice time for figure skaters who qualify for *STAR* & *SR STAR* sessions. Exception for Teen/Adult advanced skaters approved by Program Director. Skaters must pre-register for the session with the approval of the Program Director. Skaters who wish to have private lessons must book with coach directly. **Fee is for ice time only.**

Groups	Day	Time	Dates	Fees
OPEN	Wednesday	8:00-8:50pm	January 5 – April 27, 2022	\$320.00
	Saturday	6:10-7:00pm	January 8 – April 30, 2022	\$320.00

No skating Feb. 21, March 14-19, April 18

Non-Members – Add non-refundable \$25 annual club membership fee and \$43.70 Skate Canada membership/insurance fee.
Skate Canada fee valid from September 1, 2021 to August 31, 2022

WEST TORONTO SKATING CLUB

2022 WTSC COVID-19 PROTOCOLS:

- Our COVID policies will continue into the Winter 2022 season. Elements will include the following:
 - All coaches, skaters, parents and guests/spectators who are eligible to be vaccinated (currently those born before 2010) will be required to be fully vaccinated in order to participate in or enter the arena for our programs.
- Given the highly transmissible nature of the Delta variant and the effectiveness of vaccines in keeping communities safe, we believe that these measures are necessary to keep our community safe, especially for younger members who are not yet eligible to be vaccinated.
- As always, given the changing nature of the pandemic, WTSC may need to make adjustments to our COVID policies from time to time, including safety precautions as well as scheduling changes. If a shutdown of the facility is required, affected participants will receive a refund of program fees. Refunding of cancelled registrations will occur at the end of the scheduled season. In all other cases, affected participants who are unable to continue with programming should apply to the Club for a credit to be used towards future programming. Such other cases include failure to pass a daily health screen, precautionary stay at home order for self-monitoring or awaiting COVID-19 test results. Visit our [Covid-19 resource page](#) for updated policies and procedures.

DAILY HEALTH SCREENING QUESTIONNAIRE:

- This questionnaire must be completed by each individual prior to participation in WTSC programs.
- This questionnaire must be completed separately for each individual participating in WTSC programs outside and/or entering the facility on the date. You cannot complete this questionnaire in advance and a new questionnaire must be submitted daily.
- The answer to all questions must be “No” in order to participate in each on-ice activity. If you have answered “Yes” to any of these questions, you are not permitted to participate in any on-ice activities and please do not come to the rink.
- This Health Screening questionnaire has been developed based on the current Ontario Ministry of Health Self-Assessment Tool. [Link](#)

REGISTRATION AND REFUNDS:

- Subject to our COVID-19 refund policy, all fees are non-refundable. Registration priority will be reserved for WTSC members.
- All skaters must be registered and paid in full prior to their first day of the session with WTSC and Skate Canada. Memberships are non-transferable between skaters and/or sessions. Requests for credits will be considered due to medical reasons, and must be made in writing to the Board of Directors.
- **Gift Certificates and credits have an expiry date of 2 years from date of issue.**

2021 COVID-19 REFUND POLICY:

- COVID-19: If a shutdown of the facility is required, affected participants will receive a refund of any unused sessions throughout the course of the scheduled season. Refunding of cancelled registrations will occur at the end of the scheduled season. Skate Canada and membership fee will not be refunded in case of a shutdown. In all other cases, affected participants who are unable to continue with programming should apply to the Club for a credit to be used towards future programming. Such other cases include failure to pass daily health screen, precautionary stay at home order for self-monitoring or awaiting COVID-19 test results.

FEES:

- Non-Members – Add non-refundable \$25 annual club membership fee and \$43.70 Skate Canada membership/insurance fee. The Skate Canada membership/insurance fee applies to member club sessions from September 1, 2021 to August 31, 2022.

DISCOUNTS:

- Family Discount: The first two highest-cost skaters are to be paid in full and then a 25% discount will be applied for each sibling skater thereafter.
- Multi-Day Discount: Skaters (especially those in RisingSTAR or STARSkate) are strongly encouraged to skate at least 2 days per week
 - 2 days 10% off each session
 - 3 days 25% off each session
 - 4 days 35% off each session

GUEST FEES & GUEST SKATING:

- Guest skaters must receive approval from the Program Director, and be registered prior to the start of the session. Email office@wtsc.ca for any guest skating request.
- Guest Fees are as follows:

Learn to Skate	\$27.50 per session
Power Skating	\$30.00 per session
RisingSTAR/STAR	\$27.50 per session
SR STAR	\$25.00 per session
OPEN	\$25.00 per session

CLASSIFICATION OF SKATERS:

- Ice time for each skating activity is allocated according to the ice schedule and the stated classifications of skaters. Skaters may use the ice surface only in accordance with the ice schedules, appropriate sessions, and their paid membership periods.

WEST TORONTO SKATING CLUB

APPAREL:

- Learn to Skate- CSA APPROVED HOCKEY HELMETS ARE MANDATORY FOR ALL SKATERS up to and including CanSkate Stage 5. We recommend that CanSkate members dress warmly, in layers, with a waterproof jacket and waterproof pants and mittens. Snowsuits are not recommended, as they restrict movement. Long coats, scarves and dangling earrings are not permitted.
- STARSkate - Suitable skating attire (pants, skirts, dresses, one-piece unitards, leggings, etc.). Long hair should be tied back. Jeans should not be worn on the ice.
- Power Skating - A CSA approved hockey helmet required for all participants. Participants must be in hockey skates or sled and use of hockey/ringette sticks and gloves.
- Off-Ice - Please bring your own water bottle and make sure you are in proper athletic gear. Bring a sweater or thin jacket on cooler days. Skates, skate bags, coats, sweaters and other items must not be stored in the club office.

SAFETY ON AND OFF THE ICE:

- Whenever on the ice surface, skaters must remain aware of and show due regard for the safety of all other persons on the ice. Any skater misbehaving (racing, tag, rough house) or deliberately interfering with the flow of the session will be removed for the duration of the session. Food and/or beverages must not be taken onto the ice surface, with the exception of water.
- Parents/Guardians/Spectators - Please Note: 1 Parent or Spectator per skater is **permitted** in the arena during Fall skating sessions. Parents of skaters 12 and under must be easily accessible during Fall skating sessions. Please ensure your phone contact info has been updated in your online account.
- The club's goal is to create a safe, caring environment. Any act or conduct to the detriment of the good of all or contrary to the established standards outlined above and with respect to behaviour and sportsmanship within the Club is not permitted. This includes, but is not limited to, bullying, verbal abuse, intimidation, swearing, insults, sarcasm or harassment. Any complaint about the conduct or behaviour of members or concerning the management of the Club shall be made in writing to the Board of Directors and must be signed by the member issuing the complaint. Any complaint about the coaching staff of the club shall be made in writing to the Program Director and the President.
Procedures for inappropriate behaviour may include:
 - Verbal warning from Program Director / Supervisor on Session
 - Written warning from Board of Directors
 - Short term suspension or expulsion from the club, to be determined by Board of Directors

SESSION ETIQUETTE:

- All skaters and coaches MUST leave the ice surface immediately upon the announcement for the commencement of the floods. Courtesy: Courtesy is first and foremost. It is essential to respect the rights of other skaters and be aware of who is around you at all times. Right of Way: First priority is given to skaters who are skating to their solo or dance music. Second priority is given to skaters in a group lesson. Give these skaters the right of way at all times. Skaters with the right of way must also remember to keep an alert eye open to avoid collisions and may respectfully remind others of right of way (e.g. "excuse me").
- Spins should be performed at the centre of the ice surface, and jumps should be at the ends and in the corners. Do not spend most of your time in the corners. Skaters who are practicing the Lutz may not see you as they enter their jump.
- If you fall down, get up as quickly as possible. If someone falls and does not get up on their own, do not move them. Get a coach to assess the injured skater. In the meantime, have someone stand "guard" over them to make sure other skaters avoid collisions with them. When you are practicing elements like camel spins and back spirals be especially aware of the danger your exposed blade poses to other skaters.
- Take a good look at your expected "space" before you start the element, and do not proceed with the element if it looks like you could cause a problem.
- Don't stand around on the ice to "chitchat". You interfere with and/or present a hazard to other skaters, and you are wasting your practice time. Skaters are expected to be skating at all times while on the ice. Wearing earbuds/headphones is not permitted while on the ice.

LESSONS:

- The program director reserves the right to rearrange group lessons according to level, age and numbers of skaters. All skaters and coaches to give right of way to group lessons.

USE OF PHOTOGRAPHY OR VIDEO:

- Members grant WTSC permission to copyright, publish and/or use photographic portraits, pictures, or videos of them in which they are included in whole or part, for advertising, trade, web and multimedia or any other lawful purpose. Members waive the right to approve the finished products, for advertising, new media or printed, that might be used in connection with their images.
- Members may choose to 'opt out' of our Media policy during online registration.

CALENDAR:

January					February					March					April				
M	T	W	Th	Sa	M	T	W	Th	Sa	M	T	W	Th	Sa	M	T	W	Th	Sa
3	4	5	6	8		1	2	3	5		1	2	3	5					2
10	11	12	13	15	7	8	9	10	12	7	8	9	10	12	4	5	6	7	9
17	18	19	20	22	14	15	16	17	19	14	15	16	17	19	11	12	13	14	16
24	25	26	27	29	21	22	23	24	26	21	22	23	24	26	18	19	20	21	23
31					28					28	29	30	31		25	26	27	28	30

West Toronto Skating Club

Winter Programs - January 3 to April 30, 2022

Monday	Tuesday	Wednesday	Thursday	Saturday
Main Rink	Main Rink	Main Rink	Main Rink	Main Rink
5:00-5:50 RisingSTAR/STAR	5:00-5:50 Learn to Skate <u>All Ages</u>	5:00-5:50 SR STAR	5:00-5:50 RisingSTAR/STAR/SR STAR	1:10-2:00 Learn to Skate <u>Ages 5-12</u>
5:50-6:00 Flood/Break	5:50-6:00 Flood/Break	5:50-6:00 Flood/Break	5:50-6:00 Flood/Break	2:00-2:10 Flood/Break
6:00-6:50 Learn to Skate <u>Ages 5-12</u>	6:00-6:50 Learn to Skate <u>All Ages</u>	6:00-6:50 RisingSTAR/STAR	6:00-6:50 Learn to Skate <u>All Ages</u>	2:10-3:00 Learn to Skate <u>Ages 5-12</u>
6:50-7:00 Flood/Break	6:50-7:00 Flood/Break	6:50-7:00 Flood/Break	6:50-7:00 Flood/Break	3:00-3:10 Flood/Break
7:00-7:50 SR STAR	7:00-7:50 SR STAR	7:00-7:50 Power Skating <u>Ages 6 and Up</u>	7:00-7:50 SR STAR	3:10-4:00 Learn to Skate <u>Ages 5-12</u>
7:50-8:00 Flood/Break		7:50-8:00 Flood/Break		4:00-4:10 Flood/Break
8:00-8:50 Power Skating <u>Ages 12 and Up</u>		8:00-8:50 OPEN + Teens/Adults Learn to Skate Group		4:10-5:00 RisingSTAR/STAR
				5:00-5:10 Flood/Break
				5:10-6:00 SR STAR
				6:00-6:10 Flood/Break
				6:10-7:00 OPEN
Small Rink		Small Rink		Small Rink
6:00-6:45 Learn to Skate <u>Ages 3 to 5 + Teens/Adults</u>		6:00-6:45 Learn to Skate <u>All Ages</u>		4:00-4:45 Learn to Skate <u>Ages 3-5 + Teens/Adults</u>
Off-ice Training	Off-ice Training		Off-ice Training	Off-ice Training
6:00 RisingSTAR/STAR	6:00 RisingSTAR/STAR/SR STAR		6:00 RisingSTAR/STAR/SR STAR	3:15 RisingSTAR/STAR
6:00 SR STAR				4:15 SR STAR



The Daily Health Screening Questionnaire must be completed by each individual daily prior to participation in WTSC On-Ice and Off-Ice activities.

Jan 3, 2022
Feb 21, 2022
March 14-19, 2022
April 18, 2022
April 30, 2022

Club Opens - All programs begin
Family Day- Club Closed
March Break - Club Closed
Easter Monday – Club Closed
Last Day of Winter Skating