# 2023 SUMMER Skating

- Learn to Skate and RisingSTAR full day camp in July
- SR STAR ½ day camp in July
- Power Skating evening sessions July & August
- Learn to Skate and Figure Skating evening sessions in July and August



#### WEST TORONTO SKATING CLUB

179 Brock Ave Toronto, ON M6K 2L7 office@wtsc.ca www.wtsc.ca



# Learn to Skate

*CANSKATE* is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development. Exciting new features include a fresh new look, new awards, great tools for coaches and most importantly a tested and proven new curriculum and delivery methods that develop stronger basic skills and develop them faster. This program also includes specific skills that pertain to hockey, ringette, speed skating and figure skating.

#### Learn to Skate Day Camp

Prerequisite for Summer Camp 2023: Must be able to skate without assistance. Target Age 6-12\*\* Includes: On-ice sessions with group lessons and Off-ice technical sessions. Skating Camp starts at 9am. Doors open at 8:30am until 4:30pm. Lunch is not provided. ½ Day begins at 12:00pm.

Dubis open at 6.50am	unui 4.30pm. Lunc	in is <u>not</u> provided.	/2 Day Degins at 1	2.00pm.
Schedule	Dates	Full 9-4	½ Day 12-4	Link
8:30am Doors Open	July 4 – 7	\$288/week*	\$208/week*	<u>Full</u> or <u>½</u>
9-11am Skating Academy-	July 10 – 14	\$360/week*	\$260/week*	Full or <u>½</u>
Off-Ice Skills & Education	July 17 – 21	\$360/week*	\$260/week*	<u>Full</u> or <u>½</u>
11:00am Lunch Break	July 24 – 28	\$360/week*	\$260/week*	<u>Full</u> or <u>½</u>
12-4pm On-Ice and Off-Ice				
Skills and Education				
4:00-4:30pm Pick up				

#### Learn to Skate Tuesday & Thursday Evenings

Ages 5 and Up at all	stages are welcome. Teen/Adult Learn to ska	te members will	be grouped together
Schedule	Dates	Fees	Link
July Session			
6:00-6:50pm	Tuesday July 4, 11, 18, 25	\$98*	<u>Register</u>
Ages 5 and Up + Teen/Adult	Thursday July 6, 13, 20, 27	\$98*	<u>Register</u>
August Session 6:00-6:50pm Ages 5 and Up + Teen/Adult	Tuesday August 1, 8, 15, 22 Thursday August 3, 10, 17, 24	\$98* \$98*	<u>Register</u> <u>Register</u>

\*Non-Members – Add \$25 annual club membership fee and \$43.70 Skate Canada insurance fee Schedule is subject to change depending upon enrollment. \*\*Target age indicates expected, but not limited, age range of camp participants



*CANPOWERSKATE* is an action-packed, high energy instructional power skating program geared to hockey and ringette skaters that focuses on balance, power, agility, speed and endurance. Skills, techniques and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations. Full gear required.

#### Tuesday & Thursday Evenings

Includes 1 on-ice training session. Target Age 8-12**						
Schedule	Dates	Fees	Link			
July Session						
5:00pm On-Ice	Tuesday July 4, 11, 18, 25	\$112*	Register			
	Thursday July 6, 13, 20, 27	\$112*	<u>Register</u>			
August Session						
5:00pm On-Ice	Tuesday August 1, 8, 15, 22	\$112*	<u>Register</u>			
	Thursday August 3, 10, 17, 24	\$112*	<u>Register</u>			

# Figure Skating

#### RisingSTAR

*RISINGSTAR* Skaters participate in a group-based skating session, learning more advanced figure skating specific skating skills. RisingSTAR is a transitional program that continues developing the basic fundamentals taught in CanSkate and introduces exercises designed to improve edge control, glide, agility, and precision over the blade as the skater progresses into STARSkate.

#### RisingSTAR Day Camp

# Target Age 6-12\*\* Includes: On-ice sessions with group lessons and Off-ice technical sessions. Skating Camp starts at 9am. Doors open at 8:30am until 4:30pm. Lunch is <u>not</u> provided. ½ Day begins at 12:00pm.

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Schedule	Dates	Full 9-4	½ Day 12-4	Link
8:30am Doors Open	July 4 – 7	\$288/week*	\$208/week*	<u>Full</u> or <u>½</u>
9-11am Skating Academy-	July 10 – 14	\$360/week*	\$260/week*	<u>Full</u> or <u>½</u>
Off-Ice Skills & Education	July 17 – 21	\$360/week*	\$260/week*	<u>Full</u> or <u>½</u>
11:00am Lunch	July 24 – 28	\$360/week*	\$260/week*	Full or ½
12-4pm On-Ice and Off-Ice				
Skills and Education				
4:00-4:30pm Pick up				

#### RisingSTAR Tuesday & Thursday Evenings

RisingSTAR Group shared session with Learn to Skate						
Schedule	Dates	Fees	Link			
July Session						
5:00pm On-Ice	Tuesday July 4, 11, 18, 25	\$98*	<u>Register</u>			
	Thursday July 6, 13, 20, 27	\$98*	<u>Register</u>			
August Session						
5:00pm On-Ice	Tuesday August 1, 8, 15, 22	\$98*	<u>Register</u>			
	Thursday August 3, 10, 17, 24	\$98*	<u>Register</u>			

\*Non-Members – Add \$25 annual club membership fee and \$43.70 Skate Canada insurance fee Schedule is subject to change depending upon enrollment.

\*\*Target age indicates expected, but not limited, age range of camp participants



# Figure Skating

#### STAR / SR STAR ½ Day Camp

*STAR & SR STARSKATE* offers opportunities for advanced (STAR 2 and up or approved by the Program Director) skaters of all ages to develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system. **2 group and 2 Semi-Private** Lessons, per day, are included. Target Age 10-17\*

Lessons, per uay,	are included. Taiget Age 10-17		
Schedule	Dates	Fees	Link
11:30 Warm up	July 4 – 7	\$260.00/week*	<u>Register</u>
12:00 On-lce #1	July 10 – 14	\$325.00/week*	<u>Register</u>
1:05 Off-Ice #1	July 17 – 21	\$325.00/week*	<u>Register</u>
2:00 On-lce #2	July 24 – 28	\$325.00/week*	<u>Register</u>
3:05 Off- Ice #2			
4:00-4:30 Pick L	Jp		

#### Registered OPEN Session

*Supplemental ice time <u>for figure skaters</u>* who qualify for **SR STAR** sessions. Exception for Teen/Adult advanced skaters approved by Program Director. Skaters must pre-register for the session with the approval of the Program Director. Skaters who wish to have private lessons must book with coach directly. Fee is for ice time only.

	Tuesday & Thursday Evenings						
Schedule	Dates	Fees	Link				
July Session							
7:00pm On-Ice	Tuesday July 4, 11, 18, 25	\$82*	<b>Register</b>				
	Thursday July 6, 13, 20, 27	\$82*	<u>Register</u>				
August Session							
7:00pm On-Ice	Tuesday August 1, 8, 15, 22	\$82*	<u>Register</u>				
	Thursday August 3, 10, 17, 24	\$82*	<u>Register</u>				

# 2023 SUMMER Skating Schedule

#### Learn to Skate & RisingSTAR Full and ½ Day Camps

#### July 4-7, 10-14, 17-21, 24-28

Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:00am	8:30-9:00am	8:30-9:00am	8:30-9:00am	8:30-9:00am
Open/Check In				
9:00-11:00am	9:00-11:00am	9:00-11:00am	9:00-11:00am	9:00-11:00am
Off-Ice Sessions				
11:00-12:00pm	11:00-12:00pm	11:00-12:00pm	11:00-12:00pm	11:00-12:00pm
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm
Off-Ice and On-Ice				
Sessions	Sessions	Sessions	Sessions	Sessions
4:00-4:30pm	4:00-4:30pm	4:00-4:30pm	4:00-4:30pm	4:00-4:30pm
End of Day/Pick Up				

#### STAR & SR STAR ½ Day Camp

#### July 4-7, 10-14, 17-21, 24-28

Monday	Tuesday	Wednesday	Thursday	Friday
11:30-12:00pm	11:30-12:00pm	11:30-12:00pm	11:30-12:00pm	11:30-12:00pm
Off-Ice Warm Up				
12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm	12:00-4:00pm
On-Ice and Off-Ice				
Sessions	Sessions	Sessions	Sessions	Sessions

#### Ages 6-12 Hockey/Ringette Power Skating

Tuesday	Thursday
July 4, 11, 18, 25	July 6, 13, 20, 27
August 1, 8, 15, 22	August 3, 10, 17, 24
5:00-5:50pm	5:00-5:50pm
Power Skating On-Ice	Power Skating On-Ice

#### Ages 5 and Up Learn to Skate + RisingSTAR Group



#### Registered OPEN Session for Figure Skating

 Tuesday

 July 4, 11, 18, 25

 August 1, 8, 15, 22

 7:00-7:50pm

 OPEN Session

Thursday July 6, 13, 20, 27 August 3, 10, 17, 24 7:00-7:50pm OPEN Session





#### **REGISTRATION AND REFUNDS:**

- All fees are non-refundable. Registration priority will be reserved for WTSC members.
- All skaters must be registered and paid in full prior to their first day of the session with WTSC and Skate Canada. Memberships are nontransferable between skaters and/or sessions. Requests for credits will be considered due to medical reasons, and must be made in writing to the Board of Directors.
- Gift Certificates and credits have an expiry date of 2 years from date of issue.

#### 2023 COVID-19 REFUND POLICY:

• COVID-19: If a shutdown of the facility is required, affected participants will receive a refund of any unused sessions throughout the course of the scheduled season. Refunding of cancelled registrations will occur at the end of the scheduled season. Skate Canada and membership fee will not be refunded in case of a shutdown. In all other cases, affected participants who are unable to continue with programming should apply to the Club for a credit to be used towards future programming. Such other cases include failure to pass daily health screen, precautionary stay at home order for self-monitoring or awaiting COVID-19 test results.

#### FEES:

• Non-Members – Add non-refundable \$25 annual club membership fee and \$43.70 Skate Canada membership/insurance fee. The Skate Canada membership/insurance fee applies to member club sessions from September 1, 2022 to August 31, 2023.

#### DISCOUNTS:

• Family Discount: The first two highest-cost skaters are to be paid in full and then a 25% discount will be applied for each sibling skater thereafter.

#### GUEST FEES & GUEST SKATING:

- Guest skaters must receive approval from the Program Director, and be registered prior to the start of the session. Email <u>office@wtsc.ca</u> for any guest skating request.
- Guest Fees are as follows:

Learn to Skate	\$27.50 per session
Power Skating	\$30.00 per session
RisingSTAR/STAR	\$27.50 per session
SR STAR	\$25.00 per session
OPEN	\$25.00 per session

#### CLASSIFICATION OF SKATERS:

• Ice time for each skating activity is allocated according to the ice schedule and the stated classifications of skaters. Skaters may use the ice surface only in accordance with the ice schedules, appropriate sessions, and their paid membership periods.

#### SCHEDULE:

	J	luly				Au	gust		
Μ	Т	W	Th	F	Μ	Т	W	Th	F
3	4	5	6	7	<del>31</del>	1	2	3	4
10	11	12	13	14	7	8	9	10	11
17	18	19	20	21	14	15	16	17	18
24	25	26	27	28	21	22	23	24	25
					28	29	30	31	



#### APPAREL:

- Learn to Skate- CSA APPROVED HOCKEY HELMETS ARE MANDATORY FOR ALL SKATERS up to and including CanSkate Stage 5. We recommend that CanSkate members dress warmly, in layers, with a waterproof jacket and waterproof pants and mittens. Snowsuits are not recommended, as they restrict movement. Long coats, scarves and dangling earrings are not permitted.
- STARSkate Suitable skating attire (pants, skirts, dresses, one-piece unitards, leggings, etc.). Long hair should be tied back. Jeans should not be worn on the ice.
- Power Skating A CSA approved hockey helmet required for all participants. Participants must be in hockey skates or sled and use of hockey/ringette sticks and gloves.
- Off-Ice Please bring your own water bottle and make sure you are in proper athletic gear. Bring a sweater or thin jacket on cooler days. Skates, skate bags, coats, sweaters and other items must not be stored in the club office.

#### SAFETY ON AND OFF THE ICE:

- Whenever on the ice surface, skaters must remain aware of and show due regard for the safety of all other persons on the ice. Any skater misbehaving (racing, tag, rough house) or deliberately interfering with the flow of the session will be removed for the duration of the session. Food and/or beverages must not be taken onto the ice surface, with the exception of water.
- Parents/Guardians/Spectators Please Note: Parents of skaters 12 and under must be easily accessible during skating sessions. Please ensure your phone contact info has been updated in your online account.
- The club's goal is to create a safe, caring environment. Any act or conduct to the detriment of the good of all or contrary to the established standards outlined above and with respect to behaviour and sportsmanship within the Club is not permitted. This includes, but is not limited to, bullying, verbal abuse, intimidation, swearing, insults, sarcasm or harassment. Any complaint about the conduct or behaviour of members or concerning the management of the Club shall be made in writing to the Board of Directors and must be signed by the member issuing the complaint. Any complaint about the coaching staff of the club shall be made in writing to the Program Director and the President. Procedures for inappropriate behaviour may include:
  - Verbal warning from Program Director / Supervisor on Session
  - Written warning from Board of Directors
  - Short term suspension or expulsion from the club, to be determined by Board of Directors

#### SESSION ETIQUETTE:

- All skaters and coaches MUST leave the ice surface immediately upon the announcement for the commencement of the floods. Courtesy: Courtesy is first and foremost. It is essential to respect the rights of other skaters and be aware of who is around you at all times. Right of Way: First priority is given to skaters who are skating to their solo or dance music. Second priority is given to skaters in a group lesson. Give these skaters the right of way at all times. Skaters with the right of way must also remember to keep an alert eye open to avoid collisions and may respectfully remind others of right of way (e.g. "excuse me").
- Spins should be performed at the centre of the ice surface, and jumps should be at the ends and in the corners. Do not spend most of your time in the corners. Skaters who are practicing the Lutz may not see you as they enter their jump.
- If you fall down, get up as quickly as possible. If someone falls and does not get up on their own, do not move them. Get a coach to assess
  the injured skater. In the meantime, have someone stand "guard" over them to make sure other skaters avoid collisions with them. When
  you are practicing elements like camel spins and back spirals be especially aware of the danger your exposed blade poses to other skaters.
- Take a good look at your expected "space" before you start the element, and do not proceed with the element if it looks like you could cause a problem.
- Don't stand around on the ice to "chitchat". You interfere with and/or present a hazard to other skaters, and you are wasting your practice time. Skaters are expected to be skating at all times while on the ice. Wearing earbuds/headphones is not permitted while on the ice.

#### LESSONS:

• The program director reserves the right to rearrange group lessons according to level, age and numbers of skaters. All skaters and coaches to give right of way to group lessons.

#### USE OF PHOTOGRAPHY OR VIDEO:

- Members grant WTSC permission to copyright, publish and/or use photographic portraits, pictures, or videos of them in which they are included in whole or part, for advertising, trade, web and multimedia or any other lawful purpose. Members waive the right to approve the finished products, for advertising, new media or printed, that might be used in connection with their images.
- Members may choose to 'opt out' of our Media policy during online registration.