

# WEST TORONTO SKATING CLUB

# 2023 Fall Skating Programs

Tuesday September 5 to Saturday December 23, 2023

- Beginner Learn to Skate - Ages 3 to 5
- Beginner and Advanced Learn to Skate - Ages 5 to 12
- Teen and Adult Learn to Skate - Ages 13 and Up
- Power Skating - Ages 6 and Up
- Figure Skating - Ages 6 and Up



## Learn to Skate- An Achieved Excellence Program!

CANSKATE is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development. Exciting new features include a fresh new look, new awards, great tools for coaches and most importantly a tested and proven new curriculum and delivery methods that develop stronger basic skills and develop them faster. This program also includes specific skills that pertain to hockey, ringette, speed skating and figure skating. Fee Includes ice time and lesson for the duration of the session. The Skate Ontario CanSkate Excellence Recognition Program is designed to reward Ontario Clubs/Skating Schools that are implementing best practices in the delivery of their CanSkate programs. **Beginners, Advanced level, Teens and Adults are Welcome!**

Groups	Day	Time	Dates	Fees	Register
Ages 3-5	Monday	6:15-7:05pm	September 18 – December 18	\$318.50	<a href="#">LINK</a>
	Saturday	4:25-5:15pm	September 23 – December 23	\$294.00	<a href="#">LINK</a>
Ages 5-12	Monday	6:00-6:50pm	September 18 – December 18	\$318.50	<a href="#">LINK</a>
	Tuesday	5:00-5:50pm	September 19 – December 19	\$343.00	<a href="#">LINK</a>
	Wednesday	6:15-7:05pm	September 20 – December 20	\$343.00	<a href="#">LINK</a>
	Thursday	6:00-6:50pm	September 21 – December 21	\$343.00	<a href="#">LINK</a>
	Saturday	1:10-2:00pm	September 23 – December 23	\$294.00	<a href="#">LINK</a>
	Saturday	2:10-3:00pm	September 23 – December 23	\$294.00	<a href="#">LINK</a>
	Saturday	3:25-4:15pm	September 23 – December 23	\$294.00	<a href="#">LINK</a>
Teens / Adults	Monday	6:15-7:05pm	September 18 – December 18	\$318.50	<a href="#">LINK</a>
	Tuesday	5:00-5:50pm	September 19 – December 19	\$343.00	<a href="#">LINK</a>
	Wednesday	8:00-8:50pm	September 6 – December 20	\$392.00	<a href="#">LINK</a>
	Saturday	4:25-5:15pm	September 23 – December 23	\$294.00	<a href="#">LINK</a>

## Power Skating

CANPOWERSKATE is an action-packed, high energy instructional power skating program geared to hockey and ringette skaters that focuses on balance, power, agility, speed and endurance. Skills, techniques and conditioning drills are taught in a progressive format that emphasizes how the skills apply to game situations.

Groups	Day	Time	Dates	Fees	Register
Ages 12 and Up	Monday	8:00-8:50pm	September 11 – December 18	\$392.00	<a href="#">LINK</a>
Ages 6 and Up	Wednesday	7:00-7:50pm	September 6 – December 20	\$448.00	<a href="#">LINK</a>

No skating Saturday October 7, Monday October 9 and Saturday December 2

Non-Members – Add non-refundable \$25 annual club membership fee and \$58.70 Skate Canada membership/insurance fee.  
Skate Canada fee valid from September 1, 2023 to August 31, 2024



WEST TORONTO  
SKATING CLUB

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## *RisingSTAR – All-Inclusive (Instruction, Ice Time, Off Ice classes Included in Fee)*

RISINGSTAR Skaters participate in a group-based skating session, learning more advanced figure skating specific skating skills. RisingSTAR is a transitional program that continues developing the basic fundamentals taught in CanSkate and introduces exercises designed to improve edge control, glide, agility, and precision over the blade as the skater progresses into STARSkate.

**Lessons and Off-ice Sessions are included in the fee.**

Session	Day	Time	Dates	Fees	Register
RisingSTAR	Monday	5:00-5:50pm	September 11 – December 18	\$357.00	<a href="#">LINK</a>
	Wednesday	6:00-6:50pm	September 6 – December 20	\$408.00	<a href="#">LINK</a>
	Thursday	5:00-5:50pm	September 7 – December 21	\$408.00	<a href="#">LINK</a>
	Saturday	3:10-4:00pm	September 9 – December 20	\$357.00	<a href="#">LINK</a>

## *STAR - Private Lessons and All-Inclusive Options*

STAR skaters of all ages develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system.

**Private Lesson Sessions are for Skaters who wish to have private lessons. These lessons must be booked with a coach directly and are paid separately to that coach. Email [office@wtsc.ca](mailto:office@wtsc.ca) for guidance on coach selection. Tuesday and Saturday Fees are for ice time and off-ice classes only.**

**All Inclusive Sessions are Monday and Thursday. These Fees are All Inclusive (Instruction, Ice Time and Off-Ice classes Included in Fee)**

Session	Day	Time	Dates	Fees	Register
STAR All Inclusive	Monday	5:00-5:50pm	September 11 – December 18	\$357.00	<a href="#">LINK</a>
STAR Private Lesson	Tuesday	6:00-6:50pm	September 5 – December 19	\$328.00	<a href="#">LINK</a>
STAR Private Lesson	Wednesday	5:00-5:50pm	September 6 – December 20	\$328.00	<a href="#">LINK</a>
STAR All Inclusive	Thursday	5:00-5:50pm	September 7 – December 21	\$408.00	<a href="#">LINK</a>
STAR Private Lesson	Saturday	4:10-5:00pm	September 9 – December 23	\$287.00	<a href="#">LINK</a>

## *SR STAR – Private Lessons and All-Inclusive Options*

SR STAR is for skaters who have completed a STAR 3 test and/or have been approved by the Program Director. Skaters work with a private coach to further develop in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters have the opportunity to take Skate Canada Tests through a nationally standardized testing system.

**Private Lesson Sessions are for Skaters who wish to have private lessons. These lessons must be booked with a coach directly and are paid separately to that coach. Email [office@wtsc.ca](mailto:office@wtsc.ca) for guidance on coach selection. Monday, Tuesday, Wednesday, Thursday 7pm and Saturday 5:10pm Fees are for ice time and off-ice classes only.**

**All Inclusive Sessions are on Thursday. These Fees are All Inclusive (Instruction, Ice Time and Off-Ice classes Included in Fee)**

Session	Day	Time	Dates	Fees	Register
SR STAR Private Lesson	Monday	7:00-7:50pm	September 11 – December 18	\$287.00	<a href="#">LINK</a>
SR STAR Private Lesson	Tuesday	7:00-7:50pm	September 5 – December 19	\$328.00	<a href="#">LINK</a>
SR STAR Private Lesson	Wednesday	5:00-5:50pm	September 6 – December 20	\$328.00	<a href="#">LINK</a>
SR STAR All Inclusive	Thursday	5:00-5:50pm	September 7 – December 21	\$408.00	<a href="#">LINK</a>
SR STAR Private Lesson	Thursday	7:00-7:50pm	September 7 – December 21	\$328.00	<a href="#">LINK</a>
SR STAR Private Lesson	Saturday	5:10-6:00pm	September 16 – December 23	\$266.50	<a href="#">LINK</a>

## *OPEN*

*Supplemental ice time* for figure skaters who qualify for STAR & SR STAR sessions. Exception for Teen/Adult advanced skaters approved by Program Director. Skaters must pre-register for the session with the approval of the Program Director. Skaters who wish to have private lessons must book with coach directly. **Fee is for ice time only.**

Session	Day	Time	Dates	Fees	Register
OPEN	Saturday	6:00-7:00pm	September 16 – December 23	\$319.80	<a href="#">LINK</a>

# WEST TORONTO SKATING CLUB

## RULES AND REGULATIONS:

WTSC is **NOT** responsible for any injury, loss, theft, or damage under any circumstances.

## [WTSC CODE OF CONDUCT POLICY AND PROCEDURES](#)

## 2023 WTSC COVID-19 PROTOCOLS:

- As always, given the changing nature of the pandemic, WTSC may need to make adjustments to our COVID policies from time to time, including safety precautions as well as scheduling changes. If a shutdown of the facility is required, affected participants will receive a refund of program fees. Refunding of cancelled registrations will occur at the end of the scheduled season. In all other cases, affected participants who are unable to continue with programming should apply to the Club for a credit to be used towards future programming. Such other cases include failure to pass a daily health screen, precautionary stay at home order for self-monitoring or awaiting COVID-19 test results. Visit our Covid-19 resource page for updated policies and procedures.

## REGISTRATION AND REFUNDS:

- Subject to our COVID-19 refund policy, **all fees are non-refundable**. Registration priority will be reserved for WTSC members.
- All skaters must be registered and paid in full prior to their first day of the session with WTSC and Skate Canada. Memberships are non-transferable between skaters and/or sessions. Requests for credits will be considered due to medical reasons, and must be made in writing to the Board of Directors.
- **Gift Certificates and credits have an expiry date of 2 years from date of issue.**

## FEES:

- Non-Members – Add non-refundable \$25 annual club membership fee and \$58.70 Skate Canada membership/insurance fee. The Skate Canada membership/insurance fee applies to member club sessions from September 1, 2023 to August 31, 2024.

## DISCOUNTS:

- Family Discount: The first two highest-cost skaters are to be paid in full and then a 25% discount will be applied for each sibling skater thereafter.
- Multi-Day Discount: Skaters (especially those in RisingSTAR or STARSkate) are strongly encouraged to skate at least 2 days per week 2 days 10% off each session 3 days 25% off each session 4 days 35% off each session

## GUEST FEES & GUEST SKATING:

- Guest skaters must receive approval from the Program Director, and be registered prior to the start of the session. Email [office@wtsc.ca](mailto:office@wtsc.ca) for any guest skating request.
- Guest Fees are as follows:

Learn to Skate \$27.00 per session  
Power Skating \$30.50 per session  
RisingSTAR/STAR \$28.00 per session  
SR STAR \$25.50 per session  
OPEN \$25.50 per session

## CLASSIFICATION OF SKATERS:

- Ice time for each skating activity is allocated according to the ice schedule and the stated classifications of skaters. Skaters may use the ice surface only in accordance with the ice schedules, appropriate sessions, and their paid membership periods.

## APPAREL:

- Learn to Skate- CSA APPROVED HOCKEY HELMETS ARE MANDATORY FOR ALL SKATERS up to and including CanSkate Stage 5. We recommend that CanSkate members dress warmly, in layers, with a waterproof jacket and waterproof pants and mittens. Snowsuits are not recommended, as they restrict movement. Long coats, scarves and dangling earrings are not permitted.
- STARSkate - Suitable skating attire (pants, skirts, dresses, one-piece unitards, leggings, etc.). Long hair should be tied back. Jeans should not be worn on the ice.
- Power Skating - A CSA approved hockey helmet required for all participants. Participants must be in hockey skates or sled and use of hockey/ringette sticks and gloves.
- Off-Ice - Please bring your own water bottle and make sure you are in proper athletic gear. Bring a sweater or thin jacket on cooler days. Skates, skate bags, coats, sweaters and other items must not be stored in the club office.

# WEST TORONTO SKATING CLUB

## SAFETY ON AND OFF THE ICE:

- Whenever on the ice surface, skaters must remain aware of and show due regard for the safety of all other persons on the ice. Any skater misbehaving (racing, tag, rough house) or deliberately interfering with the flow of the session will be removed for the duration of the session. Food and/or beverages must not be taken onto the ice surface, with the exception of water.
  - Parents/Guardians/Spectators - Parents of skaters 12 and under must be easily accessible during Winter skating sessions. Please ensure your phone contact info has been updated in your online account.
  - The club's goal is to create a safe, caring environment. Any act or conduct to the detriment of the good of all or contrary to the established standards outlined above and with respect to behaviour and sportsmanship within the Club is not permitted. This includes, but is not limited to, bullying, verbal abuse, intimidation, swearing, insults, sarcasm or harassment.
- Any complaint about the conduct or behaviour of members or concerning the management of the Club shall be made in writing to the Board of Directors and must be signed by the member issuing the complaint.

Any complaint about the coaching staff of the club shall be made in writing to the Program Director and the President.

Procedures for inappropriate behaviour may include:

- Verbal warning from Program Director / Supervisor on Session
- Written warning from Board of Directors
- Short term suspension or expulsion from the club, to be determined by Board of Directors

## SESSION ETIQUETTE:

- All skaters and coaches MUST leave the ice surface immediately upon the announcement for the commencement of the floods. Courtesy: Courtesy is first and foremost. It is essential to respect the rights of other skaters and be aware of who is around you at all times. Right of Way: First priority is given to skaters who are skating to their solo or dance music. Second priority is given to skaters in a group lesson. Give these skaters the right of way at all times. Skaters with the right of way must also remember to keep an alert eye open to avoid collisions and may respectfully remind others of right of way (e.g. "excuse me").
- Spins should be performed at the centre of the ice surface, and jumps should be at the ends and in the corners. Do not spend most of your time in the corners. Skaters who are practicing the Lutz may not see you as they enter their jump.
- If you fall down, get up as quickly as possible. If someone falls and does not get up on their own, do not move them. Get a coach to assess the injured skater. In the meantime, have someone stand "guard" over them to make sure other skaters avoid collisions with them. When you are practicing elements like camel spins and back spirals be especially aware of the danger your exposed blade poses to other skaters.
- Take a good look at your expected "space" before you start the element, and do not proceed with the element if it looks like you could cause a problem.
- Don't stand around on the ice to "chitchat". You interfere with and/or present a hazard to other skaters, and you are wasting your practice time. Skaters are expected to be skating at all times while on the ice. Wearing earbuds/headphones is not permitted while on the ice.

## LESSONS:

- The program director reserves the right to rearrange group lessons according to level, age and numbers of skaters. All skaters and coaches to give right of way to group lessons.

## USE OF PHOTOGRAPHY OR VIDEO:

- Members grant WTSC permission to copyright, publish and/or use photographic portraits, pictures, or videos of them in which they are included in whole or part, for advertising, trade, web and multimedia or any other lawful purpose. Members waive the right to approve the finished products, for advertising, new media or printed, that might be used in connection with their images.
- Members may choose to 'opt out' of our Media policy during online registration.

## SEASON CALENDAR:

- **No skating Thanksgiving Saturday and Monday October 7<sup>th</sup>, 9<sup>th</sup> and Hockey Tournament Saturday December 2nd.**
- **RisingSTAR, STAR and SR STAR, Learn to Skate Teen + Adults and Power Skating Begins on Tuesday September 5th and Wednesday September 6<sup>th</sup> (Saturday SR STAR 5:10 and OPEN 6:00 will begin Saturday September 16)**
- **Learn to Skate Ages 3-5 and Ages 5-12 Begins on Monday September 18th**

September					October					November					December				
M	T	W	Th	Sa	M	T	W	Th	Sa	M	T	W	Th	Sa	M	T	W	Th	Sa
4	5	6	7	9	2	3	4	5	7			1	2	4					2
11	12	13	14	16	9	10	11	12	14	6	7	8	9	11	4	5	6	7	9
18	19	20	21	23	16	17	18	19	21	13	14	15	16	18	11	12	13	14	16
25	26	27	28	30	23	24	25	26	28	20	21	22	23	25	18	19	20	21	23
					30	31				27	28	29	30		25	26	27	28	30

# West Toronto Skating Club

Fall Programs – Tuesday September 5 to Saturday December 23, 2023

## Monday

Sept 11, 18\*, 25  
Oct 2, 16, 23, 30  
Nov 6, 13, 20, 27  
Dec 4, 11, 18

\* Learn to Skate Begins  
Monday September 18

## Tuesday

Sept 5\*, 12, 19, 26  
Oct 3, 10, 17, 24, 31  
Nov 7, 14, 21, 28  
Dec 5, 12, 19

\*STARSkate Begins  
Tuesday September 5

## Wednesday

Sept 6\*, 13, 20, 27  
Oct 4, 11, 18, 25  
Nov 1, 8, 15, 22, 29  
Dec 6, 13, 20

\* Power Skating,  
Teen/Adult LTS Begins  
Wednesday September 6

## Thursday

Sept 7, 14, 21, 28  
Oct 5, 12, 19, 26  
Nov 2, 9, 16, 23, 30  
Dec 4, 14, 21

## Saturday

Sept 9\*, 16, 23, 30  
Oct 14, 21, 28  
Nov 4, 11, 18, 25  
Dec 9, 16, 23

\* No 5:10, 6:00pm  
sessions on Saturday  
September 9

Main Rink	Main Rink	Main Rink	Main Rink	Main Rink
5:00-5:50 RisingSTAR/STAR All Inclusive	5:00-5:50 Learn to Skate <u>Ages 5-12, Teen/Adults</u>	5:00-5:50 STAR/SR STAR Private Lessons	5:00-5:50 RisingSTAR/STAR/SR STAR All Inclusive	1:10-2:00 Learn to Skate <u>Ages 5-12</u>
5:50-6:00 Break	5:50-6:00 Flood	5:50-6:00 Flood	5:50-6:00 Break	2:00-2:10 Break
6:00-6:50 Learn to Skate <u>Ages 5-12</u>	6:00-6:50 STAR Private Lessons	6:00-6:50 RisingSTAR All Inclusive	6:00-6:50 Learn to Skate <u>Ages 5-12</u>	2:10-3:00 Learn to Skate <u>Ages 5-12</u>
6:50-7:00 Flood		6:50-7:00 Flood	6:50-7:00 Flood	3:00-3:10 Flood
7:00-7:50 SR STAR Private Lessons	6:50-7:50 SR STAR Private Lessons	7:00-7:50 Power Skating <u>Ages 6 and Up</u>	7:00-7:50 SR STAR Private Lessons	3:10-4:00 RisingSTAR All Inclusive
7:50-8:00 Flood		7:50-8:00 Flood		4:00-4:10 Flood
8:00-8:50 Power Skating <u>Ages 12 and Up</u>		8:00-8:50 Teens/Adults Learn to Skate Group		4:10-5:00 STAR Private Lessons
				5:00-5:10 Flood
				5:10-6:00 SR STAR Private Lessons
				6:00-7:00 OPEN
Small Rink		Small Rink		Small Rink
6:15-7:05 Learn to Skate <u>Ages 3 to 5 + Teens/Adults</u>		6:15-7:05 Learn to Skate <u>Ages 5-12</u>		3:25-4:15 Learn to Skate <u>Ages 5-12</u>
				4:25-5:15 Learn to Skate <u>Ages 3-5 + Teens/Adults</u>

No Skating October 7, 9 and December 2

# Fall Events

**Tuesday September 5, 2023 - Figure Skating programs begin (Saturday 5:10 & 6:00 begin September 16)**

**Wednesday September 6, 2023 – Power Skating and Teen + Adult programs begin**

**Saturday September 9, 2023 - Coach Training Session 1-3pm**

**Saturday September 16, 2023 - Program Assistant Training Session 1-3pm**

**Saturday September 16, 2023 – Welcome Back Party, Used Skate and Clothing Sale**

**Monday September 18, 2023 - Learn to Skate Main rink and Small rink programs begin**

**Saturday October 7, 2023 – Thanksgiving Weekend No Skating**

**Monday October 9, 2023 - Thanksgiving Monday No Skating**

**Wednesday October 25 to Tuesday October 31, 2023 - Halloween Dress Up Week**

**November 2023 - STARSkate Test Date (date tbd)**

**Saturday December 2, 2023 – Hockey Tournament No Skating**

**Saturday December 9, 2023 – Holiday Party, Winter Registration Info Session**

**Saturday December 23, 2023 - Last Day of Fall Program**

Contact office @wtsc.ca for more information

