



WTSC

WINTER OFF-ICE SCHEDULE

Classes will be held in the Nixon Room



Tuesday

**6-6:45 Fitness and
Flexibility with Margot**

Wednesday

**7-7:45 Fitness and
Stability with Hannah and
Nora**



Thursday

**6-6:45 Jump Class with
Christine**

Saturday

**2:15-3:00 Fitness and
Technique with Marsha**

