



The West Toronto Skating Club

2010 - 2011 Skating Season

September 13 – April 21



Fall Registration
September 8 and 9, 2010
6:00 pm – 8:00 pm

McCormick Arena
179 Brock Avenue
Toronto, Ontario, M6K 2L7

Office Administrator
416-588-1158
fax: 416-588-7201
wtsc@wtsc.ca
www.wtsc.ca

PROGRAMS

Introductory CanSkate

Introduces children to the basic fundamentals of skating in a fun-filled atmosphere which includes games and group lessons taught by certified Program Assistants and coordinated by qualified Skate Canada Coaches.

Junior CanSkate

Advances the child's basic skating skills in accordance with Skate Canada's CanSkate Program. Skaters learn edge control, crosscuts and turns, with emphasis on balance and agility...all the basic skills needed for figure skating and/or hockey. Each session consists of a warm-up/stroking session, group lessons and private lessons are available.

Adult CanSkate

Follows Skate Canada's program. **Helmets are mandatory for all adults.** Knee pads and wrist guards are encouraged.

PowerSkate

Must be able to skate forwards, backwards (thrust and glide full length of rink) and stop or Stage 3 of the CanSkate program. Instructor will focus on power skating skills including-crossovers, acceleration, agility, edge control, stopping, power turns, efficient stride forwards and backwards.

Full equipment and stick required.

Pre-Intermediate

Passed Stage 5 - Includes ½ hour group lesson and 15 min. stroking/theatre.

Intermediate

Passed Stage 6 or previously registered in Intermediate. Includes ½ hour group lesson and 15 min. stroking/theatre. It is mandatory that these group lessons be supplemented by a minimum of one private lesson per week. Speak to Brian Sutton, Head Coach or to the coach of your choice for further details (the WTSC Coaching Staff is introduced on the opposite page).

Senior B

Passed one of: Preliminary Freeskate, Junior Bronze Dances or Preliminary Skills. Maximum of 20 skaters on each session at one time.

Senior A

Passed one of: Junior Bronze Freeskate, Senior Bronze Dances or Skills. Maximum of 20 skaters on each session at one time.

REGISTRATION

All members of the WTSC must be registered members of Skate Canada. The Skate Canada annual membership fee is \$31.00 (\$30.65 + HST).

Family Discount: The first two highest-cost memberships are to be paid in full, then a 25% discount will be applied for each membership thereafter.

ALL PROGRAMS

All skaters must be registered prior to the first day of the session! Registration is available by mail or in person at the arena on the following days:

Wed. Sept. 8 and Thurs. Sept. 9 6:00 – 8:00pm

Failure to register by the deadline for all competitive and test stream skaters will result in a mandatory \$25.00 administration late fee per family. (Mail must be postmarked prior to Sept. 10 for competitive and test stream skaters).

Payments for Intermediate/Senior Skaters:

Fees are for the entire year, but as an option, we allow you to make 3 payments when registering for 2 or more days. NO REFUNDS!

- 1 day/week - payment must be made in full.
- 2 or more days/week – divide the total amount into three equal payments.

Postdated cheques must be dated:

- 1st Payment – Sept. 1/2010
- 2nd Payment – Dec. 1/2010
- 3rd Payment – Feb. 1/2011

GUEST FEES

| | |
|-------------------------|-----------------|
| Intermediate and Senior | \$15.00/session |
| PowerSkate | \$20.00/session |

COACHING STAFF

| | | |
|---------------------------|-----------|---------|
| Marsha Engel | Certified | Level 2 |
| Nora Hollands | Certified | Level 2 |
| Donna Iijima | Certified | Level 3 |
| Liliane Nguyen | Certified | Level 1 |
| Shirley Prokopiszyn | Certified | Level 2 |
| Kim Sutton | Certified | Level 2 |
| Brian Sutton (Head Coach) | Certified | Level 1 |
| Laurel Wright | Certified | Level 2 |

Coaches biographies are available in the club office. To inquire about our Coaching Staff, please contact our Head Coach: **Brian Sutton** 416-588-1158.

CLUB POLICIES

- All skaters must be registered and paid in full prior to the first day of the session with the West Toronto Skating Club and Skate Canada.
- Memberships are non-transferable between skaters and/or sessions and registration fees are non-refundable without exceptions.
- **There are no make up classes for classes missed.**
- The West Toronto Skating Club is **NOT** responsible for any injury, loss or damage to property, however caused.
- All skaters must abide by the West Toronto Skating Club Rules and Regulations received at the time of registration.
- The WTSC reserves the right to cancel sessions, limit the number of skaters per session and to change the session levels to benefit the club.
- **Requests for credits will be considered due to medical reasons only and must be made in writing to the Board of Directors of the WTSC.**
- A \$25.00 fee will be applied for any cheques returned NSF.
- A \$25.00 cancellation fee will be applied to all withdrawals from the program prior to the start date.
- Guest fees will be charged for participants who skate on sessions other than those for which they have registered. Space permitting.

WTSC Board of Directors

Debbie Crowe, President/Competition Chair

Vacant Vice President

Vacant, Membership Chair

Vacant, Treasurer

Cindy Robinson, Secretary

Sharon Lee, Co-Test Chair

Michael MacDonald, Member at Large

Suzette Santos, Member at Large

Brian Sutton, Head Coach

Nancy Beatty, Office Administrator/Co-Test Chair

Dates to Remember

| | |
|----------------------------|--------------------------------|
| Sept 8 & 9, 2010 - 6 – 8pm | Registration (all programs) |
| Sept 13, 2010 | Club Opens |
| Sept 18, 2010 | CanSkate Session I begins |
| Sept 20, 2010 | PowerSkate begins |
| Oct 9-11, 2010 | Thanksgiving – Club closed |
| Dec 4, 2010 | Arena Tournament – Club closed |
| Dec 11, 2010 | Christmas Party/Mini Olympics |
| Dec 18, 2010 – Jan 3, 2011 | Club Closed–Christmas Break |
| Jan 8, 2011 | CanSkate Session II begins |
| February 21, 2011 | Family Day – Club Closed |
| Mar 12 – 19, 2011 | March Break - No CanSkate |
| Feb 26, 2011 | Club Competition |
| April 16, 2011 | Easter Party/Mini Olympics |
| April 18, 2011 | Last CanSkate Session |
| May 2, 2011 | Spring CanSkate begins |

Cancelled Days

Please note that there are no credits given for days that are cancelled due to weather or circumstances beyond the Club's control.

CANSKATE

CSA approved hockey helmets are mandatory for all children and adults not passed Stage 5. (NO BICYCLE HELMETS)

INTRODUCTORY

All beginners not passed Stage 2 Badge (**minimum 4 years old as of Sept. 1 and Jan. 1**). Must be able to stand on ice and participate in a group lesson at the discretion of the club.

Monday 6:30 – 7:15 pm
 Wednesday 6:30 – 7:15 pm
 Saturday 4:30 – 5:15 pm

JUNIOR

Passed Stage 1 Badge with the ability to skate backwards (with push and glide).

Monday 6:30 – 7:15 pm
 Wednesday 6:30 – 7:15 pm
 Wednesday 7:15 – 8:00pm
 Saturday 4:10 – 5:00 pm

ADULT

Monday 6:30 – 7:15 pm
 Wednesday 6:30 – 7:15 pm
 Wednesday 7:15 – 8:00pm
 Saturday 4:30 – 5:15 pm

CANSKATE SESSION DATES

Session I **No Classes**
 Monday Sept. 20 – Dec.6 Oct 11
 Wednesday Sept. 22 – Dec. 8 Oct 13
 Saturday Sept. 18 – Dec. 11 Oct 9, Dec 4

Session II **No Classes**
 Monday Jan. 10 – April 18 Feb 21, Mar 14
 Wednesday Jan. 12 – April 13 Mar 16
 Saturday Jan. 8 – April 16 Mar 12, 19

CANSKATE SESSION FEES

Session I – 11 weeks
 1 day (per week) \$145
 2 days (per week) \$250
 3 days (per week) \$350

Session II – 13 weeks
 1 day (per week) \$175
 2 days (per week) \$300
 3 days (per week) \$415

POWERSKATE

Available to everyone with the ability to skate forwards, backwards (thrust and glide full length of rink) and stop as per Stage 3 of the CanSkate program. Assessment for suitability will be done during first class. CanSkate program may be recommended.

Full equipment and stick required.

MONDAY

7:15 - 8:00 pm (for youth with required Stage or equivalent)
 8:15 - 9:00 pm (for adults and advanced skaters)

WEDNESDAY

8:15 - 9:00 pm (for youth with required Stage or equivalent & adults)

SESSION DATES AND FEES

Session I – 12 weeks **No Classes**
 Mon Sept. 20 – Dec. 13 \$205.00 Oct 11
 Wed Sept. 22 – Dec 15 \$205.00 Oct 13

Session II – 13/14 weeks **No Classes**
 Mon Jan 10 – Apr 18 \$225.00 Feb 21, Mar 14
 Wed Jan 12 – Apr 20 \$245.00 Mar 16

| Large Ice | Monday | Tuesday | Wednesday | Thursday | Saturday |
|-----------|----------------------------|---------------------------|----------------------------|---------------------------|--|
| 4:00-4:15 | | | | | |
| 4:15-4:30 | | | | | CanSkate (Junior & Adult) 4:10-5:00 |
| 4:30-4:45 | | | | | CanSkate (Introductory) Small Rink 4:30-5:15 |
| 4:45-5:00 | | | | | |
| 5:00-5:10 | | | | | |
| 5:10-5:30 | Intermediate 5:00-6:30 | Inter*/Senior B 5:00-6:30 | Intermediate 5:00-6:30 | Inter*/Senior B 5:00-6:30 | Intermediate 5:00-6:30 |
| 5:30-5:45 | Pre-Intermediate 5:30-6:30 | | Pre-Intermediate 5:30-6:30 | | Pre-Intermediate 5:30-6:30 |
| 5:45-6:00 | Group Lesson 30 mins | | Group Lesson 30 mins | | Group Lesson 30 mins |
| 6:00-6:15 | | | | | |
| 6:15-6:30 | Stroking/Theatre on Ice | | Stroking/Theatre on Ice | | Stroking/Theatre on Ice |
| 6:30-6:45 | CanSkate 6:30-7:15 | Senior A 6:40-8:00 | CanSkate 6:30-7:15 | Senior A 6:40-8:00 | Senior A/B 6:40-8:00 |
| 6:45-7:00 | | | | | |
| 7:00-7:15 | | | | | |
| 7:15-7:30 | PowerSkate I | | Junior/Adult CanSkate | | |
| 7:30-7:45 | 7:15-8:00 | | 7:15-8:00 | | |
| 7:45-8:00 | | | | | |
| 8:00-8:15 | PowerSkate II (Adults) | | PowerSkate I/II | | |
| 8:15-8:30 | 8:15-9:00 | | 8:15-9:00 | | |
| 8:30-8:45 | | | | | |
| 8:45-9:00 | | | | | |

* Intermediate – landing all single jumps or passed all Preliminary Dances

PRE-INTERMEDIATE

Passed Stage 5 - Includes ½ hour group lesson and 15 min. stroking/theatre. **You must register as an Intermediate if passed Stage 6.**

Session I and II

Monday/Wednesday/Saturday 5:30 - 6:30 pm

Session I Dates

Monday Sept 13 – Dec 13
 Wednesday Sept 15 – Dec 15
 Saturday Sept 18 - Nov 27

No Classes

Oct 11

Session II Dates

Monday Jan 3 – Apr 18
 Wednesday Jan 5 – April 20
 Saturday Jan 8 – April 9

No Classes

Feb 21

SESSION FEES

Session I

1 day (per week) \$250 2 days (per week) \$420

Session II

1 day (per week) \$290 2 days (per week) \$485

INTERMEDIATE

Passed CanSkate Stage 6 Badge

Monday 5:00 - 6:30 pm
 Tuesday* 5:00 - 6:30 pm
 Wednesday 5:00 - 6:30 pm
 Thursday* 5:00 - 6:30 pm
 Saturday 5:00 - 6:30 pm

*must be landing all singles or passed all Preliminary dances

SENIOR

SENIOR B - Passed one of Preliminary Freeskate, Junior Bronze Dances or Preliminary Skills.

Tuesday 5:00 - 6:30 pm
 Thursday 5:00 - 6:30 pm
 Saturday 6:40 - 8:00 pm

SENIOR A - Passed one of Junior Bronze Freeskate, Senior Bronze Dances or Skills.

Tuesday 6:40 - 8:00 pm
 Thursday 6:40 - 8:00 pm
 Saturday 6:40 - 8:00 pm

SESSION FEES FOR ADULT, INTERMEDIATE AND SENIOR PROGRAMS

Fees are for full 31 week winter session (less than \$7.00/hr based on a 3 day membership)

1 Day/per week \$595.00
 2 Days \$955.00
 3 Days \$1080.00

TEST DAYS

| | |
|-------------|----------|
| October 21 | Low/High |
| December 16 | Low/High |
| February 10 | Low |
| March 31 | Low/High |
| April 21 | Low/High |