

## PROGRAMS

### **Introductory CanSkate**

#### **Helmets mandatory**

Introduces children to the basic fundamentals of skating in a fun-filled atmosphere which includes games and group lessons taught by certified Program Assistants and coordinated by qualified Skate Canada Coaches.

### **Junior CanSkate**

#### **Helmets mandatory**

Advances the child's basic skating skills in accordance with Skate Canada's CanSkate Program. Skaters learn edge control, crosscuts and turns, with emphasis on balance and agility...all the basic skills needed for figure skating and/or hockey. Each session consists of a warm-up/stroking session, group lessons and private lessons are available.

### **Adult CanSkate**

#### **Helmets mandatory**

Follows Skate Canada's program. Knee pads and wrist guards are encouraged.

### **PowerSkate**

Must be able to skate forwards, backwards (thrust and glide full length of rink) and stop or Stage 3 of the CanSkate program. Instructor will focus on power skating skills including-crossovers, acceleration, agility, edge control, stopping, power turns, efficient stride forwards and backwards.

Full equipment and stick required.

### **Pre-Intermediate**

Passed Stage 5 - Includes ½ hour group lesson and 15 min. stroking/theatre.

### **Intermediate**

Passed Stage 6 - Includes ½ hour group lesson and 15 min. stroking/theatre. It is mandatory that these group lessons be supplemented by a minimum of one private lesson per week. Speak to Brian Sutton, Head Coach or to the coach of your choice for further details (the WTSC Coaching Staff is introduced on the opposite page).

### **Senior B**

Passed one of: Preliminary Freeskate, Junior Bronze Dances or Preliminary Skills. Maximum of 20 skaters on each session at one time. Must retain the services of a club coach.

### **Senior A**

Passed one of: Junior Bronze Freeskate, Senior Bronze Dances or Skills. Maximum of 20 skaters on each session at one time. Must retain the services of a club coach.

## REGISTRATION

**All members of the WTSC must be registered members of Skate Canada. The Skate Canada annual membership fee is \$33.00.**

**Family Discount:** The first two highest-cost memberships are to be paid in full, then a 25% discount will be applied for each membership thereafter.

### ALL PROGRAMS

All skaters must be registered prior to the first day of the session! Registration is available by mail or in person at the arena on the following days:

**Wed. Sept. 7 and Thurs. Sept. 8 6:00 – 8:00pm**

**Failure to register by the deadline for all competitive and test stream skaters will result in a mandatory \$25.00 administration late fee per family. (Mail must be postmarked prior to Sept. 9 for competitive and test stream skaters).**

#### **Payments for Intermediate/Senior Skaters:**

*Fees are for the entire year, but as an option, we allow you to make 2 payments when registering for 2 or more days. **NO REFUNDS!***

- **1 day/week - payment must be made in full.**
- **2 or more days/week – divide the total amount into two equal payments.**

#### **Postdated cheques must be dated:**

- 1<sup>st</sup> Payment – Sept. 1/2011
- 2<sup>nd</sup> Payment – Dec. 1/2011

### **GUEST FEES**

Intermediate and Senior	\$15.00/session
PowerSkate	\$20.00/session

## COACHING STAFF

Marsha Engel	Certified	Level 2
Nora Hollands	Certified	Level 2
Donna Iijima	Certified	Level 3
Liliane Nguyen	Certified	Level 1
Shirley Prokopiszyn	Certified	Level 2
Kim Sutton	Certified	Level 2
Brian Sutton (Head Coach)	Certified	Level 1
Laurel Wright	Certified	Level 2

Coaches biographies are available in the club office. To inquire about our Coaching Staff, please contact our Head Coach: **Brian Sutton** 416-588-1158.

## CLUB POLICIES

- All skaters must be registered and paid in full prior to the first day of the session with the West Toronto Skating Club and Skate Canada.
- Memberships are non-transferable between skaters and/or sessions and registration fees are non-refundable without exceptions. Once session has started, you cannot reduce the number of days you have committed to.
- **There are no make up classes for classes missed.**
- The West Toronto Skating Club is **NOT** responsible for any injury, loss or damage to property, however caused.
- All skaters must abide by the WTSC Rules and Regulations received at the time of registration.
- The WTSC reserves the right to cancel sessions, limit the number of skaters per session and to change the session levels to benefit the club.
- **Requests for credits will be considered due to medical reasons only and must be made in writing to the Board of Directors of the WTSC.**
- A \$25.00 fee will be applied for any cheques returned NSF.
- A \$25.00 cancellation fee will be applied to all withdrawals from the program prior to the start date.
- Guest fees will be charged for participants who skate on sessions other than those for which they have registered. Space permitting.

#### WTSC Board of Directors

**Richard Wright**, President  
**Cindy Robinson** Vice President  
**Debbie Crowe**, Past President  
**Vacant**, Membership Chair  
**Meegan Morris**, Treasurer  
**Sharon Lee**, Secretary  
**Heather Cunningham**, Co-Test Chair  
**Michael MacDonald**, Member at Large  
**Suzette Santos**, Member at Large  
**Peter Kuitenbrouwer**, Member at Large  
**Brian Sutton**, Head Coach  
**Nancy Beatty**, Office Administrator/Co-Test Chair

#### Dates to Remember

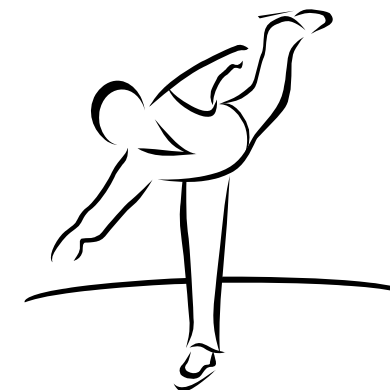
Sept 7 & 8, 2011 - 6 – 8pm	Registration (all programs)
Sept 12, 2011	Club Opens
Sept 17, 2011	CanSkate Session I begins
Sept 19, 2011	PowerSkate begins
Oct 8-10, 2011	Thanksgiving – Club closed
Dec 3, 2011	Arena Tournament – Club closed
Dec 10, 2011	Christmas Party/Mini Olympics
Dec 16, 2011 – Jan 8, 2012	Club Closed–Christmas Break
Jan 14, 2012	CanSkate Session II begins
Feb 20, 2012	Family Day – Club Closed
Feb 25, 2012	Club Competition (tentative)
March 12 – 17, 2012	March Break - No CanSkate
March 31, 2012	Easter Party/Mini Olympics
April 16, 2012	Last CanSkate Session
April 30, 2012	Spring CanSkate begins



# The West Toronto Skating Club

## 2011 - 2012 Skating Season

September 12 – April 18



**Fall Registration**  
**September 7 and 8, 2011**  
**6:00 pm – 8:00 pm**

McCormick Arena  
179 Brock Avenue  
Toronto, Ontario, M6K 2L7

Office Administrator  
416-588-1158  
fax: 416-588-7201  
wtsc@wtsc.ca  
www.wtsc.ca

### **Cancelled Days**

Please note that there are no credits given for days that are cancelled due to weather or circumstances beyond the Club's control.

## CANSKATE

**CSA approved hockey helmets are mandatory for all children and adults not passed Stage 5. (NO BICYCLE HELMETS)**

### INTRODUCTORY

All beginners not passed Stage 2 Badge (**minimum 4 years old as of Sept. 1 and Jan. 1**). Must be able to stand on ice and participate in a group lesson at the discretion of the club.

Monday 6:30 – 7:15 pm  
 Wednesday 6:30 – 7:15 pm  
 Saturday 4:30 – 5:15 pm

### JUNIOR

Passed Stage 1 Badge with the ability to skate backwards (with push and glide), 6 yrs and up.

Monday 6:30 – 7:15 pm  
 Wednesday 6:30 – 7:15 pm  
 Wednesday 7:15 – 8:00 pm  
 Saturday 4:10 – 5:00 pm

### ADULT

Monday 6:30 – 7:15 pm  
 Wednesday 6:30 – 7:15 pm  
 Wednesday 7:15 – 8:00 pm  
 Saturday 4:30 – 5:15 pm

### CANSKATE SESSION DATES

**Session I No Classes**  
 Monday Sept. 19 – Dec.5 Oct 10  
 Wednesday Sept. 21 – Dec. 7 Oct 12  
 Saturday Sept. 17 – Dec. 10 Oct 8, Dec 3

**Session II No Classes**  
 Monday Jan. 16 – April 16 Feb 20, Mar 12  
 Wednesday Jan. 18 – April 11 Mar 14  
 Saturday Jan. 14 – April 14 Mar 17, Apr 7

### CANSKATE SESSION FEES

**Session I – 11 weeks**  
 1 day (per week) \$145  
 2 days (per week) \$250  
 3 days (per week) \$350

**Session II – 12 weeks**  
 1 day (per week) \$160  
 2 days (per week) \$275  
 3 days (per week) \$385

## POWERSKATE

Available to everyone with the ability to skate forwards, backwards (thrust and glide full length of rink) and stop as per Stage 3 of the CanSkate program. Assessment for suitability will be done during first class. CanSkate program may be recommended.

**Full equipment and stick required.**

### MONDAY

7:15 - 8:00 pm (for youth with required Stage or equivalent)  
 8:15 - 9:00 pm (for adults and advanced skaters)

### WEDNESDAY

8:15 - 9:00 pm (for youth with required Stage or equivalent & adults)

### SESSION DATES AND FEES

**Session I – 12 weeks No Classes**  
 Mon Sept. 19 – Dec. 12 \$205 Oct 10  
 Wed Sept. 21 – Dec 14 \$205 Oct 12

**Session II – 12 weeks No Classes**  
 Mon Jan 16 – Apr 16 \$205 Feb 20, Mar 12  
 Wed Jan 18 – Apr 11 \$205 Mar 14

Large Ice	Monday	Tuesday	Wednesday	Thursday	Saturday
4:00-4:15					
4:15-4:30					CanSkate (Junior) 4:10-5:00 CanSkate (Intro & Adult) Small Rink 4:30-5:15
4:30-4:45					
4:45-5:00					
5:00-5:10					
5:10-5:30	Intermediate 5:00-6:30	Inter*/Senior B 5:00-6:30	Intermediate 5:00-6:30	Inter*/Senior B 5:00-6:30	Intermediate 5:00-6:30
5:30-5:45	Pre-Intermediate 5:30-6:30		Pre-Intermediate 5:30-6:30		Pre-Intermediate 5:30-6:30
5:45-6:00	Group Lesson 30 mins		Group Lesson 30 mins		Group Lesson 30 mins
6:00-6:15					
6:15-6:30	Stroking/Theatre on Ice		Stroking/Theatre on Ice		Stroking/Theatre on Ice
6:30-6:45	CanSkate 6:30-7:15	Senior A 6:40-8:00	CanSkate 6:30-7:15	Senior A 6:40-8:00	Senior A/B 6:40-8:00
6:45-7:00					
7:00-7:15					
7:15-7:30	PowerSkate I		Junior/Adult CanSkate		
7:30-7:45	7:15-8:00		7:15-8:00		
7:45-8:00					
8:00-8:15	PowerSkate II (Adults)		PowerSkate I/II		
8:15-8:30	8:15-9:00		8:15-9:00		
8:30-8:45					
8:45-9:00					

\* Intermediate – landing all single jumps or passed all Preliminary Dances

## PRE-INTERMEDIATE

Passed Stage 5 - Includes ½ hour group lesson and 15 min. stroking/theatre. **You must register as an Intermediate if passed Stage 6.**

### Session I and II

Monday/Wednesday/Saturday 5:30 - 6:30 pm

### Session I Dates

Monday Sept 12 – Dec 12  
 Wednesday Sept 14 – Dec 14  
 Saturday Sept 17 - Nov 26

### No Classes

Oct 10  
 Oct 8, Dec 3

### Session II Dates

Monday Jan 9 – Apr 16  
 Wednesday Jan 11 – April 11  
 Saturday Jan 14 – April 14

### No Classes

Feb 20

### SESSION FEES

**Session I**  
 1 day (per week) \$250 2 days (per week) \$420

### Session II

1 day (per week) \$290 2 days (per week) \$485

## INTERMEDIATE

Passed CanSkate Stage 6 Badge

Monday 5:00 - 6:30 pm  
 Tuesday\* 5:00 - 6:30 pm  
 Wednesday 5:00 - 6:30 pm  
 Thursday \* 5:00 - 6:30 pm  
 Saturday 5:00 - 6:30 pm

*\*must be landing all singles or passed all Preliminary dances*

## SENIOR

**SENIOR B** - Passed one of Preliminary Freeskate, Junior Bronze Dances or Preliminary Skills.

Tuesday 5:00 - 6:30 pm  
 Thursday 5:00 - 6:30 pm  
 Saturday 6:40 - 8:00 pm

**SENIOR A** - Passed one of Junior Bronze Freeskate, Senior Bronze Dances or Skills.

Tuesday 6:40 - 8:00 pm  
 Thursday 6:40 - 8:00 pm  
 Saturday 6:40 - 8:00 pm

### SESSION FEES FOR ADULT, INTERMEDIATE AND SENIOR PROGRAMS

1 Day/per week \$595  
 2 Days \$955  
 3 Days \$1080  
 4 Days \$1205

### ALL INTERMEDIATE/SENIOR SKATERS MUST RETAIN THE SERVICES OF A CLUB COACH

### TEST DAYS

October 25 Low/High  
 December 13 Low/High  
 February 14 Low  
 March 27 Low/High  
 April 18 Low/High